



# REPORT

*Court*



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[www.betconline.net](http://www.betconline.net)

253-872-5545

## J Sez

Submitted by Janet Best, Manager

Join me in welcoming back to the BETC staff Margaret Fain. In part, Margaret had taken a year off to help her husband Howie in a family business. Also at the front desk and new to the staff is Cathy Shaheen. I'm confident you will enjoy working with both ladies. Margaret will be seen on Thursday nights and Cathy Wednesday evenings.

I sent an email last month to our distribution list asking members to print and post a flyer promoting BETC to places that they frequent. Not all members are on this email list so if you are one, and would like to post a flyer for us, please see the stack available at the front desk. Your support will help keep costs down for all current members. Thanks!

## Tennis Tip

Submitted by Bill Bartlett, Head



### Hug the Baseline for More Offense

If your game lacks offense try standing on or near the baseline during rallies. This is a very easy way to create more angles for your shots and to rush your opponent. Roger Federer recently hired Paul Annacone to coach him to increase his chances of winning the US open. Paul Annacone was known for playing near the baseline and playing a very offensive game. He also successfully coached Pete Sampras for many years. Look for Federer to play close to the baseline at the US Open and for him to come to the net more.

To play this style of tennis you will need to prepare quickly because your opponent's shots will reach you earlier. This can be easily fixed by staying lower in your ready position and taking your racket back faster. Make sure your legs stay bent during the whole point.

This will increase your speed and quickness. Another advantage of hugging the baseline during a point is that you will run about 20% less. The farther behind the baseline you play the more the ball has a chance to angle away from you.

The strategy of playing near the baseline can also be very effective for your return of serve. When receiving a second serve start on the baseline. Take a short backswing and move forward as you hit. See if both your feet finish inside of the baseline. On very soft second serves move in even more. This will increase your chances of hitting a good angle and give you an opportunity to come to the net.

So to take your game to another offensive level, try hugging the baseline. You will be pleased with how much angle your shots get and how much running you will save.

## From the Board

The Board is in the process of preparing the 2011 Budget. Inputs are being gathered and we will conduct an evaluation of planned revenues and expenses. From this we can determine what impact, if any, there will be on our rate structure for 2011. Key to sustaining our current rate structure is to maintain our membership levels within BETC. We are always looking for new members to join BETC.

We had two Special Events last month that were very successful. In July the Cave-man BBQ was held and there were 29 members in attendance. Also there was a Pizza & Bowling Night for juniors and 16 kids attended. Coincidentally, the Seattle Seahawks were also at Acme Bowl for their annual event the same day. Some of the juniors met Matt Hasselbach and Coach Pete Carroll.

## Interclub Activities

Submitted by Tracy Lockhart

The summer is winding down and the Seattle Area Cup season is upon us. This year BETC will have five Cup teams consisting of Emerald, Classic, Rainier, Challenge, and KingCo. You may go to [www.cuptennis.com](http://www.cuptennis.com) to see when your favorite team has a match.

Sectional Playoffs for Men's and Women's USTA concluded August 8, 2010, in Portland, Oregon. Teams for the Northwest advancing to Nationals are:

- 2.5 W - Robinswood / Moskos
- 3.5 W - Robinswood / Net Assets
- 3.0 M - Mill Creek / Red Thunder
- 3.5 M - Mill Creek / Homer Domers

Note: BETC's Weekend Warriors played the Homer Domers in the local playoffs held at Central Park in June.

The 120<sup>th</sup> Washington State Open was held at the beautiful Seattle Tennis Club August 3<sup>rd</sup> through the 8<sup>th</sup>. BETC was well represented at the Open in different categories and age groups.

### Women's Open Singles

Amie Vo advanced to the quarterfinals.

Ariel Ohno advanced to the round of 32.

### Women's 45 Singles

Kay Lorrain advanced to the semi-finals.

Bonnie Paasche advanced to the quarterfinals.

### Men's Open Singles

Max Manthou advanced to the round of 16.

Brian Thorp and Tyler VanGrunsven both advanced to the round of 32.

### Men's 35 Singles

Baraka Brown advanced to the round of 16.

Other players participating in the open draw: Jason Bediones, Jamie Thorp, Dale Nguyen, Matt Overland, Jordon Smith and Donnie Stallman. For additional tournament results go to TennisLink and put in the tournament ID #6004128180.

Stay tuned for Mixed and Senior USTA news in next month's newsletter.

## Membership Accounts

Submitted by Debbie Herron

Fall Leagues are starting the first part of September. For those that have not paid, I will begin billing the 3<sup>rd</sup> week into the season. If you have not paid by then, the bill will carry a service charge of \$5.00. So if you are sharing a session, of playing in leagues, please make your payment within the first 2 weeks to avoid additional charges. Thank you very much!



## BETC Activity Corner

Submitted by Tracy Lockhart

It is time to put away the sunscreen and say goodbye to the lazy days of summer as we head towards fall. However, no rest for the weary as the BETC Fall Leagues get underway the week of September 7<sup>th</sup>, except Monday Leagues which begin play on the 13<sup>th</sup>. (Labor Day arrived late this year.)

### Special Event - Thursday, September 23<sup>rd</sup>

Calling all senior men from daytime blocks/leagues for pizza, salad, beverages and camaraderie. Additionally, there will be a bit of fun tennis trivia provided by BETC's Activities Coordinator Tracy Lockhart. Come and test your tennis knowledge.

WHEN: September 23, 2010  
@ 11:00 a.m.

WHERE: BETC'S Mezzanine

The fee for this fun event will be \$4.00 per person. Be sure to sign up at the front desk ahead of time so we have enough pizza and soda for all wanting to attend.

I'll look forward to seeing all of the senior men on the 23<sup>rd</sup> of September. If you have any questions please me at the club.



OK - it's September - and time for kids to head back to school. To help our junior members celebrate this fact (or just ease the pain a little!), BETC is running the Back to School Tennis Pizza Party social on Saturday, September 25<sup>th</sup>, from 6:30-9pm. For only \$14.00, each participant will be treated to lots of great pizza, drinks and tennis with the pros! All members aged 8-18 years are warmly invited.

Adults - are you a competitive player rated 3.5 (or higher) looking for a truly spirited, advanced workout? If so, we have a perfect one for you on Saturdays from 1-2:30pm with head pro Allan Overland. The Wimbledon Workout, as it is infamously known, is a weekly workout, which means you have the choice of signing up for a month's worth of workouts or just one at a time. You are guaranteed to sweat, and pick up a couple of great pointers in the process.

For these and other great lessons or special events, sign up ASAP at the front desk- or just call in at (253) 872-5545 (ext. 1). See you out on the courts!

## Lesson Programs

Submitted by Allan Overland, Head Professional



### JUNIORS

#### Level 1 - Beginner

A	Sat	10 - 11 am	4-6 yrs
B	Sat	11 - 12 pm	5-8 yrs
BB	Sat	11 - 12 pm	8-12 yrs
C2	Sun	9 - 10 am	12-18 yrs

#### Level 2 - Intermediate

D	Sat	12 - 1 pm	6-9 yrs
E	Sat	9 - 10 am	8-12 yrs
G	Fri	6:30 - 8 pm	12-18 yrs
H	Sat	10 - 11 am	12-18 yrs
C	Sun	10 - 11:30 am	12-18 yrs

#### Level 3 - Advanced Intermediate

L	Mon/Wed	5 - 6:30 pm	8-12 yrs
M	Sat	12 - 1:30 pm	8-12 yrs
N	Mon 3:30-5/Fri 5 - 6:30 pm		12-18 yrs
O	Thurs	3:30 - 5 pm	12-18 yrs
P	Fri	8 - 9:30 pm	12-18 yrs
P2	Sat	6:30 - 8 pm	10-14 yrs
	Sun	1:30 - 3:00 pm	
J	Sun	11:30 - 1 pm	12-18 yrs

#### Level 4 - Advanced

Q	Mon	7 - 8:30 pm	12-18 yrs
R	Tues	3:30 - 5 pm	12-18 yrs
S	Tues	8 - 9:30 pm	12-18 yrs
T	Wed/Fri	3:30 - 5 pm	12-18 yrs
U	Wed	6:30 - 8 pm	12-18 yrs

#### JUNIORS, cont.

V	Thurs	8 - 9:30 pm	12-18 yrs
W	Sat	3:30 - 5 pm	12-18 yrs
X	Sat	6:30 - 8 pm	12-18 yrs
Y	Sun	8 - 9:30 pm	12-18 yrs

#### Level 5 - Elite

Z	Tues / Thurs	8-9:30/5-6:30 pm	12-18 yrs
Z1	Fri	6:30 - 8 pm	12-18 yrs
Z2	Tues/Thurs	3:30-5 pm	12-18 yrs

### ADULTS

#### Beginner (1.0 - 2.0)

Sunday	4:30 - 5:30 pm
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#### Advanced Beginner (2.0 - 2.5)

Sunday	3:30 - 4:30 pm
Monday	12:30 - 1:30 pm

#### Intermediate (2.5 - 3.0)

Sunday	1:00 - 2:30 pm
Monday	11:00 - 12:30 pm
Monday	6:00 - 7:00 pm

#### Advanced Intermediate (3.0 - 3.5)

Monday	5:00 - 6:00 pm
Tuesday	12:30 - 1:30 pm
Tuesday	7:00 - 8:00 pm
Wednesday	12:30 - 1:00 pm
Saturday	8:00 - 9:00 am

#### Advanced 3.5 & Up Wimbledon Workout

Saturday	1:00 - 2:30 pm
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## Junior Results

Submitted by Bill Bartlett, Head Assistant

Several of our juniors took advantage of playing in the 2010 BETC Summer Challenger. Amber Eastham reached the final of the girls' 18 singles and James Dugan reached the final of the boys' 16 singles. Garrett Merz reached the final of the boys' 12 singles. Vincent Vilorio won the boys' 16 consolation. Misa Takami won the girls' 12 consolation and Ashley Sun won the girls' 14 consolation. These juniors participated: Katelyn Overland, Kyle Woo, Matthew Bohman, Nick Parmley, Quan Nguyen, Jack Casey, Alex Wang, Nikhil Grover, Bruno Hernandez-Sotres, Francis Vilorio, Marcus Lee, Harrison Sites, Julian Orint, Devon Colby and Jaedon McGraw



Amy Yee Champs: Congratulations to Henry Smith who won the boy's 14 division of the 31 Amy Yee tennis Champs tournament. Vivian Glozman won the girls' 16 division. Jeremiah Bayna and Jack Smith won the boys 12 doubles. They had a close exciting three set match, winning 7-5, 1-6, (10-4). Jamie Thorp upset the number 1 and 3 seed to reach the final of the boys' 16 division. Kara Ikeda played her first champs tournament and won her first match. These juniors participated: Naevin Anukornchaikul, Wyatt DeMulling, Naris Anukornchaikul, Ken Kato, Sam Bayna, Cameron Martin, Vincent Vilorio, David Mardakov, Alex Noyes, Jordan Smith, Dragos Puscalau, Sho Kato, Theresa Huang, Jasmine Singh and Maggie Henderson.

## Wallyball - What a Blast!



On Thursdays at 11:30 AM there is a drop in wallyball group playing weekly. Each person pays just \$2.00 for the one and a half hours of fun. Wallyball is a variation of volleyball on the racquetball court. It is easy to pick up and great exercise.

## Open House

Tuesday, Sept 28 5 - 8 PM

Tuesday, September 28 we are hosting an Open House from 5 until 8 PM. We have court 8 reserved for prospective members to try out the ball machine and lots of Dave's racquets. Please help us by spreading the word! Due to the economy we are down about 50 adult memberships and to continue to keep costs down, a few new members would be beneficial.

## Racquetball

If you have an interest in racquetball but do not know where to get started, please phone Larry Kucera at 206-662-7452. Currently there is an intermediate level league on Monday night and a challenge court group on Thursday night. For more information, please call Larry. WOW - What a great workout and sport racquetball is!

### 2010 Board Members:

President	Jim Hornsby james.k.hornsby@boeing.com	253-740-2764
Vice President	Shannie Presuhn allicatt@msn.com	253-887-8486
Treasurer	Lisa Enthoven lisabattaglia@comcast.net	206-878-9177
Co-Secretary/ Directors	Mike Franco bmr70@yahoo.com	206-544-3298
"	Chuck Hilsinger cekahilsinger@msn.com	206-244-1588
"	Robert Ingersoll robertji77@aol.com	206-772-3351
"	Kathy Weibel kathie.s.weibel@boeing.com	206-766-2334

### Club Contacts:

Manager: Janet Best Ext 22 janet@betconline.net  
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 Member Accts: Debbie Herron Ext 24 debbie@betconline.net  
 Activities Coord. Tracy Lockhart Ext 24 tracy@betconline.net  
 Racquet Services: Dave DeMulling Ext 25 dave@betconline.net  
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