

# REPORT

*Court*

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253-872-5545

## J Sez

Submitted by Janet Best, Manager

With the new roof installed over courts 1 - 6, I just want to say thank you for your patience through sometimes noisy installation but more importantly, to thank you for supporting the funding of it. Since the \$325 assessment of 2006/2007, we have begun charging new members a capital fund fee of \$425 in addition to current membership dues. This fee along with other revenues will help fund future capital projects planned in the coming years to keep our aging facility up to date.

As a normal procedure, we ask that every member or guest in a reservation or private lesson check in at the front desk prior to each session. The desk staff will need to either validate their court or lesson series card or collect the court or lesson fee. So please, even though you may know your court number, do not go on the courts prior to checking in at the front desk.

Soon we will be distributing a survey. It will ask how you use BETC and question what we can do to improve it. Your participation in this endeavor will be appreciated.

After 16 years, Rich Cornwell left his post at BETC. On October 2, he will have knee replacement surgery and we should see him back on the courts after that. You will be missed, Rich!

## Tennis Tip

Submitted by Bill Bartlett, Head Assistant

Shine Your Light for Better Ground Strokes

Today's top players are hitting their ground strokes with tremendous power. This power comes from their shoulder coil and legs. Topspin helps keep these powerful shots from sailing out. I would like to explain some factors that are essential in your ability to utilize your shoulders correctly and create topspin in your ground strokes.

To create enough shoulder rotation on your forehand, you must contact the ball with your arm slightly bent. On your two handed backhand,

both arms must be slightly bent at the contact point. Hitting the ball with a straight arm during the point will inhibit your shoulder rotation.

There is a very helpful tip you can use to help you have a bent arm at the contact point. Imagine that the handle of your racket is a flashlight and that there is a beam of light shining out from the cap of your racket handle. When you start your swing toward the ball, imagine that your flashlight (racket handle) is shining toward the incoming ball. This will make sure that your racket handle is leading the swing and enable you to contact the ball with a bent elbow. This will allow you to get the appropriate amount of shoulder rotation needed to hit a powerful shot.

After you contact the ball, make sure you follow through with your flashlight (racket handle) over your shoulder. Your flashlight will now be

Continued on page 4

## From the Board

The following Lighting Policy was voted on and passed unanimously. This is how the policy reads: Artificial lighting limits are 3 bulbs per court use at any time of the day for courts 1-6 and since courts 7-9 benefit from the skylights, artificial lighting limits are 1 bulb per court in use on courts 7-9. Courts 7-9 will continue using 1 bulb until the session prior to dusk at which time they will get bumped to 3.

Chuck Hilsinger will head up the nominating committee along with Ken and Denise Bakke. These members will be seeking new candidates for the upcoming election. If you are interested in running for a board position and you meet the criterion, give Chuck, Denise or Ken a call.

We hope everyone had a fun time at the Labor Day tournament. And remember, the Club Singles Tournament is in October. It will be here before you know it, so come out and show your stuff.

**Interclub Activities**

Provided by Staff Member Margaret Fain

The USTA season for seniors and super seniors began recently. Early results are listed below:

<u>Team</u>	<u>Captain</u>	<u>W-L</u>
3.0W	Aragones	1-3
3.0W	Olsen	2-2
3.5W	Cruzat	1-1
3.5W	Archer	3-0
3.5W	Brady-Smith	2-0
4.0W	Paasche	2-1

Mary Jo Leonardson's 3.0 Super senior team is 2-1.

I watched the end of a couple of exciting USTA matches the other night and was reminded how it pays to never give up! Carrie Bergquist and Jane Worden(Aragones 3.0 team) were down 4-9 in a 10 point super tiebreaker. They kept their cool and kept hitting the ball back one more time than their opponents and ended up winning 12-10 for the match! Shortly after that, things were looking grim for Gail Jenkins and Mary Aquino (Brady-Smith 3.5 team) when they were down 2-9 in a ten point tie-breaker. They, too, came roaring back and ended up winning the match 14-12 and winning the match for their team. Way to go, ladies!

More matches to watch at BETC:

<u>Date</u>	<u>Time</u>	<u>Captain/Team</u>
10/18	5:00	Archer/3.5W
10/18	6:30	Brady-Smith/3.5W
10/19	8:00	Zorich/3.0M
10/25	2:00	Paasche/4.0W
10/26	2:00	Olsen/3.0W
10/26	5:00	Risch/4.0M

**Labor Day Tournament**

Many of our members participated in the Labor Day Tennis Tournament that was also open to the public. Please see the champions listed below and in the next column.

- Boy's Under 13- James Dugan
- Girl's Under 13- Madalyn Turek
- Girl's Doubles- Kyana Esber and Madalyn Turek

- Men's 2.5- Ryan Proffitt
- Men's 3.0- Alexander Noyes
- Men's 3.5- Vladimir Doronin
- Men's 4.0- Bryan Shelters
- Men's 4.5 -Aaron Heier
- Men's 5.0- Bill Grant
- Women's 3.0- Jenny Zhang
- Women's 3.5- Chelsey White
- Women's 4.0- Bonnie Paasche
- Women's 4.5- Shino Hyde
- Men's 3.0 Doubles- Kevin Lee & David Merz
- Men's 3.5 Doubles- Huadong Gai & Tim Turek
- Men's 4.0 Doubles- Jorge and Jon Irvine
- Men's 4.5 Doubles- Emile Allard & Michael Riley
- Women's 2.5 Doubles- Myrna Alquiza & Kumiko Kamplaine
- Women's 3.0 Doubles- Margaret Henderson & Kara Ikeda
- Women's 3.5 Doubles-Jennifer Ballsmith & Marybeth Morstad
- Women's 4.0 Doubles- Jacquie Hartmann & Betty Hummer
- Mixed 5.0 Doubles- Victoria Nguyen & David Tran
- Mixed 6.0 Doubles- Janet Lui-Hanson & Scott Harlan
- Mixed 7.0 Doubles- Julie Williams & Josh Jeter
- Mixed 8.0 Doubles- Jennifer Weller & Todd McAuley
- Mixed 9.0 Doubles- Catherine Green & Lawrence Chan

**BETC League Information**

Submitted by Dee Dee Fisher, Activities Coordinator

Fall leagues are in full swing. We have 30 leagues with over 400 members involved. Thank you to all the league coordinators for the great job you do! In the mezzanine area, you will find additional information regarding the league rules and selection process. The rules and selection process have been in effect since 2002. Next time you are in, stop by and review the information, or you can view it on our website. My goal is to make sure all members understand the league process and have an opportunity to sign up and play in the leagues they are qualified for. Please contact me if you have any questions.

**New Boeing Company Smoking Policy**

Beginning Wednesday, October 1, Boeing sites in Washington and Oregon will be tobacco free. Site teams throughout the region will post signs and other information for employees, contractors, vendors and customers at all sites.

This is for all Boeing Property and includes smoking in your car on Boeing Property and includes all tobacco products.

## Lesson Programs

Submitted by Allan Overland, Head Professional

Members, we've got some fun and exciting tennis for you in October. For members 18 years of age and up, we will be hosting the popular Caveman Barbeque Night social on Saturday, October 25<sup>th</sup> from 6:30-9 pm. Great tennis and "grub"

will be provided as each participant will be treated to lots of great games with the pros, and can order a large barbeque sandwich (choice of beef, chicken, sausage, salmon or pork) from the legendary Caveman Kitchen Restaurant. We will also provide beverages. The cost is only \$16.00 per person.

And adults, here's an early notice for what's coming up in November: two new Cardio Tennis workouts. A 2.5 & up class will run Wednesdays from 11-12 pm, and a 3.5 & up class will run Fridays from 5:30-6:30 pm. Cardio Tennis is a new fun group activity to give players of all abilities an ultimate, high energy workout. While players will hit all of the shots and receive some instruction, Cardio Tennis is first and foremost a fitness program. The basic outline includes: a 5-10 minute dynamic warm-up segment, a 40-50 minute Cardio segment and a 5-10 minute cool down segment. Sign ups are taken on a weekly basis, so you can sign up for several workouts or just one at a time.

For juniors ages 7 & up, pros Jesse Walter and JJ Jackson will host a special Halloween Tennis party on Halloween night (Friday, October 31<sup>st</sup>) from 5-6:30 pm. There will be "spooky" tennis games, goodies, and prizes for best costumes. Start off Halloween night with a great tennis party and still have time for other activities. It should be frightfully fun!

### Juniors -

#### Beginner

Nov 1-22	Saturday	10-11 AM	\$43.30	Level 1	4-6 yrs
Nov 1-22	Saturday	11-12 AM	\$43.30	Level 1	5-8 yrs
Nov 1-22	Saturday	11-12 AM	\$43.30	Level 1	8-12 yrs
Nov 2-23	Sunday	10-11 AM	\$43.30	Level 1	12-18 yrs

#### Intermediate

Nov 1-22	Saturday	12-1 PM	\$43.30	Level 2	6-9 yrs
Nov 1-22	Saturday	9-10 AM	\$43.30	Level 2	8-12 yrs
Nov 7-21	Friday	6:30-8 PM	\$48.60	Level 2	12-18 yrs
Nov 1-22	Saturday	10-11 AM	\$43.30	Level 2	12-18 yrs
Nov 2-23	Sunday	10-11:30 PM	\$61.60	Level 2	12-18 yrs

#### Advanced

Nov 3-26	Mon/Wed	5-6:30 PM	\$113.40	Level 3	8-12 yrs
Nov 1-22	Saturday	12-1:30PM	\$61.60	Level 3	8-12 yrs
Nov 3-24	Mon 3:30-5 PM/Fri	5-6:30 PM	\$101.40	Level 3	12-18 yrs
Nov 6-20	Thursday	3:30-5:00 PM	\$48.60	Level 3	12-18 yrs
Nov 7-21	Friday	8-9:30 PM	\$48.60	Level 3	12-18 yrs
Nov 2-23	Sunday	11:30-1PM	\$61.60	Level 3	12-18 yrs
Nov 3 - 24	Monday	7-8:30 PM	\$77.10	Level 4	12-18 yrs
Nov 4-25	Tuesday	3:30-5:00PM	\$77.10	Level 4	12-18 yrs
Nov 4-25	Tuesday	8-9:30 PM	\$77.10	Level 4	12-18 yrs
Nov 5-26	Wed/Fri	3:30-5 PM	\$126.80	Level 4	12-18 yrs
Nov 5-26	Wednesday	6:30-8 PM	\$77.10	Level 4	12-18 yrs
Nov 6-20	Thursday	8-9:30PM	\$60.70	Level 4	12-18 yrs
Nov 1-22	Saturday	3:30-5 PM	\$77.10	Level 4	12-18 yrs
Nov 1-22	Saturday	6:30-8 PM	\$102.70	Level 4	12-18 yrs
Nov 2-23	Sunday	8-9:30 PM	\$77.10	Level 4	12-18 yrs
Nov 4-25	Tues 8-9:30 PM Thurs	5-6:30PM	\$169.00	Level 5	12-18 yrs
Nov	Fridays	6:30-8PM	\$18.00/day	Level 5 workout	12-18 yrs
Nov 4-25	Tues/Thurs	3:30-5PM	\$169.00	Level 6	12-18 yrs

## Junior News

Submitted by Bill Bartlett, Head Assistant

The close of summer was a busy time for our juniors with many challenging tournaments. The 2008 BETC Labor Day tournament had many of our juniors playing exciting matches. Madalyn Turek won the girls 13 and under and James Dugan won the boys 13 and under. Kara Ikeda and Maggie Henderson had a really exciting three set match winning the women's 3.0 doubles. They played an experienced adult team that qualified to go to nationals in the ladies 3.0 division. Chelsey White won the women's 3.5. Ryan Proffitt won the men's 2.5. Alex Noyes won the men's 3.0 over Adrian Villanueva. Nathan Anderson lost a close three set match in the final of men's 4.0 singles.

Several of our juniors traveled to Yakima to play in the Junior Champs Sectional tournament. Max Manthou won the boy's 18 doubles and reached the final of the singles event. Nicholas Kamisar reached the final of the boy's 16 singles. Jeremiah Bayna had one of the closest matches of the tournament winning the boys 10 and under consolation event (10-7) in the third set tiebreaker.

The Tacoma Lawn Tennis club hosted the Dual 5 Champs tournament. Jordan Smith had a great tournament winning the 14 and under singles without losing a set. Jamie Thorp almost reached the final losing a close three set match in the semifinals. In the 16 and under singles, Matt Overland reached the semifinal playing a solid match against Emmett Egger, one of the top players in the PNW. Max Manthou had a strong showing in the 18 and under singles winning the tournament.

BETC once again had a good turn out of juniors playing in these three tournaments. These players also participated in the BETC Labor Day tournament: Kezia Crawley, Lauren Thornquist, Anastasia Hicker, Gigi Payzer, Tracy Tran, Liezel Villanueva, Derek, Welch Zachary Martin, Cameron Martin, Griffin Welsh, Samuel Andres, Breanna Esber, Travis Hanley, Cara Usher, Molly Henderson, Ryan Proffitt, Madison Holdaas, Brook Holdaas, Chelsey White, Jasmine Singh, Jessica Price, Alyssa Nagai, Nichola Usher, Kimberly Williams, Andrew Herron, Dean Kamplaine, Kevin and Randy Huynh, Andrew Hurter, Kevin Katsafanas, Vince Thomas, Nicole Skinner, Sandy Dennett, Sabrina Patton, Chelsea Jamieson, Ryan Walsh, Spencer Herron, Nathan Anderson, Alexander Patton, Taylor Welch, Nick Allen, Adrian Villanueva, Blaine Peterson, Alex Yi, Jordan Haynes, Griffin Wood, Eric Cahoon, and Whitney Schmidt.

These players also participated in the Junior Champ Sectional: Daniel Cotton, Andrew La Cava, Paul Yi, Mitchell Thorp, Jack Smith, Jeremiah and Sam Bayna, Vincent Vioria, Alan and Joe Kwiatkowski, Naris Anukornchaikul, Wyatt DeMulling, Henry Smith, Jamie Thorp.

These are the players who played in the Dual 5 Champs and have not been already mentioned: Vineeth Omkaram, Thomas Lowes, and Garrett Ballou.

## Adult Lessons

### Adults - (Skill level in the far right column)

Nov 2 - 23	Sunday	4:00-5:00 PM	\$43.30	Beginner 1.0-2.0
Nov 3- 24	Monday	12:30-1:30	\$43.30	Advanced Beginner 2.0-2.5
Nov 2 - 23	Sunday	3:00-4:00 PM	\$43.30	Advanced Beginner 2.0-2.5
Nov 3 - 24	Monday	9:30-11:00 AM	\$77.10	Intermediate 2.5-3.0
Nov 3 - 24	Monday	6:00-7:00 PM	\$43.30	Intermediate 2.5-3.0
Nov 5 - 26	Wednesday	12:30- 2:00 PM	\$77.10	Intermediate 2.5-3.0
Nov 2 - 23	Sunday	2:00-3:00 PM	\$43.30	Intermediate 2.5-3.0
Nov 3 - 24	Monday	11:00-12:30 PM	\$77.10	Advanced Intermediate 3.0-3.5
Nov 3 - 24	Monday	5:00-6:00 PM	\$43.30	Advanced Intermediate 3.0-3.5
Nov 4 - 25	Tuesday	7:00-8:00 PM	\$43.30	Advanced Intermediate 3.0-3.5
Nov 5-26	Wednesday	11:00-12:30PM	\$77.10	Advanced Intermediate 3.0-3.5
Nov 1 - 22	Saturday	8:00-9:00 AM	\$43.30	Advanced Intermediate 3.0-3.5
Nov 2 - 23	Sunday	5:00-6:30PM	\$77.10	Advanced Intermediate 3.0-3.5

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## Address Service Requested

### Included within this publication:

- New roof installed - Capital projects continue
- New Court Lighting Policy Implemented
- Board of Director Nominees Solicited
- Senior USTA Underway!
- Labor Day Tournament Results

### Welcome New Members!

Welcome new members! Natalie and Nelson Rivera are new share members from a summer membership. Junior Affiliate David Mardakov is from a summer membership. Julie Brumley, Rich and Ginger Cornwell, Joe and Sheri Coluccio, and Cheryl and Carmelo Zappala are all new associates. Look for your welcome letter to arrive soon and please follow our advice within it!

### Tennis Tip

Continued from page 1

shining toward your opponent's side of the court. This will help you get enough topspin needed to keep your shot in the court.

So the next time you want to hit a powerful forehand or two handed backhand think of your racket handle as a flashlight. Then shine your racket handle at the incoming ball during your forward swings. Finish your shots with your racket handle shining at your opponent. You will then have powerful shots with enough topspin to keep them in the court.

### 2008 Board Members:

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