

REPORT

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J Sez

Submitted by Janet Best, Manager

Congratulations to our newest Singles Club Champions from the tournament held earlier this month. Member Services employee Dee Dee Fisher wrote an article about the tournament on page 2 and here is an early peek at those champions:

Matthew Overland, Emile Allard, Jeff Stallman, Tracy Lockhart, Thomas Lowes, Breanna Esber, James Dugan, Sydney Codd, David Tran, David Mardakov, and Tracy Tran.

All of our champions have had their names engraved on our perpetual plaque that hangs in the mezzanine. Congratulations!

Each month I will send out a dozen or so announcements via email. If you are not receiving these announcements and would like to, please leave me a voicemail with your email address.

The Club's website is www.betonline.net. There is a wealth of information about BETC stationed there.

Tennis Tip

Submitted by Bill Bartlett, Head Assistant

The Ten Step Rule

How would you like to improve your game by 20% in one day? I think everyone would like to know how to do that. The easiest way to accomplish a significant instant improvement in your game is through improved footwork.

I have noticed that a lot of players hinder the improvement of their tennis games by poor footwork. Most club players are lacking in recovery footwork. Recovery footwork occurs in the first few seconds after a player hits the ball. A player will tend to stop and

watch his shot to see how good it was or just get lazy after hitting the ball. As soon as a player stops for more than a second after he has hit the ball, two major setbacks occur in quality footwork. The first setback is obvious. If you stop after you hit your shot, you simply will not get back into position for the next shot. The other setback is more subtle. And that is once you stop for more than a second, you will tend to lose your athletic height. Athletic height is the optimum height to compete in sports which is approximately 10 to 12 inches lower than your normal standing height. To achieve this you need a wide stance and slightly bent knees.

To make sure you have good recovery footwork you can do two things. One is to tell yourself to be constantly moving. The only time you should stop moving is for the split step, which occurs approximately when your opponent hits his shot. The other time to stop moving your feet is when you hit the ball. You can also count your steps after you hit your shot. You should have a minimum of ten steps between each shot you hit. You will need to implement a split step in your count. I would use this counting system only in practice. Remember this is only a minimum. Higher level players or pros can have as many as 20 steps between their shots. Players with injuries may have less than 10 steps.

Remember to keep your feet moving to improve your game. Try implementing the 10 Step Rule in your game to improve your footwork.

From the Board

Please read the insert on page 5 regarding fee/dues increases. Remember that the philosophy on which the club was founded was to provide low cost tennis to the members. We will continue to meet this goal and cover expenses.

Interclub Activities

Provided by Staff Member Margaret Fain

Congrats once again to Jim Thorp's Weekend Warriors team for representing the northwest at the National Championships in Arizona. They didn't end up winning it all, but had some great matches and were able to enjoy some time in sunny Arizona.

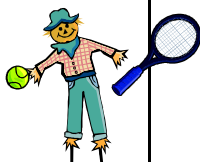
CUP Tennis

Once again, BETC has 5 Cup teams this year. Cup is a long season, but several of our teams have started off great! Carolyn Cruzat and Jan Finn's Emerald Cup team is in 5th of 23 teams. Dina Benedetti and Nancy Lockett's Classic Cup team is 3rd of 23 teams. Nancy Lockett is 3-0 and Cindy Seims is 4-0 on the Classic team. Karen Brady Smith's Rainier Cup team and Liz Buck and Jan Ferrera's Challenge Cup team are both in the top half of their groups. Ann Mehl and Ramona Schraeder have gotten off to a good start playing Challenge Cup and are 3-0 as partners. Laurie Furumasu and Kathy Hess' KingCo Cup team is in the middle of the pack.

Senior USTA League

Team	Captain	W-L
3.0 W	Marissa Aragones	1-6
3.0 W	Bedia Olsen	4-3
3.5 W	Carolyn Cruzat	1-4
3.5 W	Marylynn Archer	6-0
3.5 W	Karen Brady Smith	3-2
4.0 W	Bonnie Paasche	5-2
3.0 M	Mike Zorich	0-3
4.0 M	Roger Risch	2-1

Mary Jo Leonardson's Super Senior team is 4-1. On that team, Celia Forrest is 5-0.



Junior News

Submitted by Bill Bartlett, Head Assistant

The 2008 Boeing Employees Tennis club singles championships was a huge success with 24 juniors participating winning 7 events. Matthew Overland won the men's 5.0 singles. He won

all his matches in straight sets. He is one of the youngest juniors at age 16 to win this event in years. Way to go Matt! Thomas Lowes won the event with the biggest draw, which was the men's 3.5 singles, over Alex Noyes in three sets. James Dugan won the men's 3.0 singles with out losing a set. In the men's 2.5 singles David Tran won the event. David Mardakov won the boys 14 singles. The women's 3.5 singles was an all-junior event with Breanna Esber winning the event. Tracy Tran won the girls 14 singles winning a close three set match over Kyanna Esber. The closest and most exciting match of the tournament was in the women's 3.0 singles with Vicky Tran defeating Chelsea Jamieson in the finals 3-6, 6-3, 7-6 (4)

These Juniors also participated: Liezel Villanueva, Ryan Proffitt, Andrew Hurter, Dean Kamplaine, Ryan Walsh, Nicole Skinner, Jasmine Singh, Zane Nelson, Eric Cahoon, Adrian Villanueva and Nathan Anderson.

Bally Fall Junior Champs in Tacoma Oct. 10-12:

The BETC juniors had a good showing at the Bally fall junior champs tournament. Over 15% of the participants were from the BETC. Eight of our juniors reached the semi-finals or better winning two events. Angela Chen won four matches in straight sets winning the girls 16 singles. She also reached the final in the Girls 18 singles. Nicole Mamprejew won the girls 14 singles. She won 6-1, 6-1 in the final. Jamie Thorp lost a close three set match in the boys 14 semi-final losing 11-9 in the third set tiebreaker.

These juniors also participated: Naris Anukornchakul, Daniel Cotton, Wyatt Demulling, Nicolas Fischer, Thomas Lowes, David Mardakov, Tomomi Matsushita, Steven Miyauchi, Vincent Vilorio, Amie Vo and Paul Yi.

BETC League Information

Submitted by Dee Dee Fisher, Activities Coordinator

Thank you to all who participated in this year's Singles Club Championship and congratulations to the 2008 Club Champions. Their names are now engraved on the perpetual plaque located in the mezzanine area. The BETC website has pictures and results as well. The championship was filled with great sportsmanship, fantastic tennis and a lot of fun! I should probably mention.....a little cramping, some aches and pains and a lot of Advil too. We had a few members, Karm Virk, Mack Snider and Griffin Welsh, playing in their very first tournament. Kirk Stallman wins the prize for the most matches played in one

day.....three of them. He still showed up the next morning with a smile and ready to play again. A bit of advice, if you ever find yourself playing Jeff Stallman, make sure you bring plenty of energy bars and water. Jeff likes to get his money's worth by playing very long three set matches. Speaking of long matches, the Women's 3.0 final between Sydney Codd and Vicki Tran lasted over three hours. It was a battle! Crashing into the back wall and injuring his hand while chasing after one of Kevin Lee's lobs still has not convinced Ed Baker that sometimes it is better to just say "nice shot". Jon Rabara ended up to be the last man standing in both the Men's 3.5 and Men's 4.0 consolation rounds. He won both without even playing a final. The Men's 5.0 final between Matt Overland and Emile Allard was high quality and very entertaining tennis. Too bad we have to wait until next year to do it all again!

Here are the Champions and the division they won in: Matthew Overland - Men's 5.0

Emile Allard - Men's 4.5

Jeff Stallman - Men's 4.0

Tracy Lockhart - Women's 4.0

Thomas Lowes - Men's 3.5

Breanna Esber - Women's 3.5

James Dugan - Men's 3.0

Sydney Codd - Women's 3.0

David Tran - Men's 2.5

David Mardakov - Boys Under 14

Tracy Tran - Girls Under 14



Winter League Sign-ups

The sign-up sheets for the winter session will be posted on Monday, November 17th. The sheets will remain up until early December. For all leagues which are held before 3:30 PM, sign-ups will be available after 8:00 AM; for leagues that are after 3:30 PM, sign-ups (either by phone or in person) are available after 2:00 PM. We will remind you again as it gets closer.

If you are new to the club and would like more information about leagues, please contact Dee Dee Fisher who will be able to help you. Her phone number is 253-872-5545 ext 24.

WALLYBALL?.. Our racquetball courts are used so little, we are considering temporary conversions to Wallyball - That is volleyball on a racquetball court - Would you be interested? Just phone 253-872-5545 ext 22 and say Yes!

Lesson Programs

Submitted by Allan Overland,
Head Professional

Members, check out these great events at your club for the month of November! For members 18 years of age and up, levels 3.5 and higher, we are pleased to announce our Advanced Footwork Tennis Camp, held Friday, November 7th from 6-8 pm, and Saturday, November 8th from 2-4 pm. Only six players will have the unique opportunity to get a super charged workout, and learn footwork skills of the top pros that head pro Allan Overland has learned personally, in great detail, from one of the best coaches in tennis, Jose Higuera.

And if you are looking to get a good workout-just before that big Thanksgiving dinner- with other members in a fun, friendly atmosphere, join us for our Pre Thanksgiving Calorie Burn potluck social, held Saturday, November 22nd, from 6:30-9pm. This social is open to all BETC members, ages 14 years of and up, and the cost is only \$6.00 per person (plentiful beverages are included!) And don't forget, you can pick up a club member rating while you participate, or get a clinic on how to use one of our ball machines.

And adults, we have two new Cardio Tennis workouts. A 2.5 & up class will run Wednesdays from 11-12pm, and a 3.5 & up class will run Fridays from 5:30-6:30pm. Cardio Tennis is a new fun group activity to give players of all abilities an ultimate, high energy workout. While players will hit all of the shots and receive some instruction, Cardio Tennis is first and foremost a fitness program. Sign ups are taken on a weekly basis, so you can sign up for several workouts or just one at a time. See you out on the courts!

Adults -

Dec 7 - 21	Sunday	4 - 5 PM	\$34.10	Beginner 1.0-2.0
Dec 1- 15	Monday	12:30-1:30	\$34.10	Advanced Beginner 2.0-2.5
Dec 7 - 21	Sunday	3 - 4 PM	\$34.10	Advanced Beginner 2.0-2.5
Dec 1 - 15	Monday	9:30 - 11AM	\$60.70	Intermediate 2.5-3.0
Dec 1 - 22	Monday	6-7 PM	\$43.30	Intermediate 2.5-3.0
Dec 3 - 17	Wednesday	12:30 - 2 PM	\$60.70	Intermediate 2.5-3.0
Dec 7 - 21	Sunday	2- 3 PM	\$34.10	Intermediate 2.5-3.0
Dec 1 - 15	Monday	11-12:30 PM	\$60.70	Advanced Intermediate 3.0-3.5
Dec 1 - 22	Monday	5 - 6 PM	\$43.30	Advanced Intermediate 3.0-3.5
Dec 2 - 23	Tuesday	7 - 8 PM	\$43.30	Advanced Intermediate 3.0-3.5
Dec 3-17	Wednesday	11 - 12:30PM	\$60.70	Advanced Intermediate 3.0-3.5
Dec 6 - 20	Saturday	8 - 9 AM	\$34.10	Advanced Intermediate 3.0-3.5
Dec 7 - 21	Sunday	5 - 6:30PM	\$60.70	Advanced Intermediate 3.0-3.5

Juniors -**Beginner**

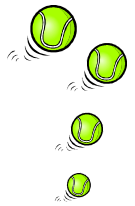
Dec 6-20	Saturday	10-11 AM	\$34.10	Level 1	4-6 yrs
Dec 6-20	Saturday	11-12 AM	\$34.10	Level 1	5-8 yrs
Dec 6-20	Saturday	11-12 AM	\$34.10	Level 1	8-12 yrs
Dec 7-21	Sunday	10-11 AM	\$34.10	Level 1	12-18 yrs

Intermediate

Dec 6-20	Saturday	12-1 PM	\$34.10	Level 2	6-9 yrs
Dec 6-20	Saturday	9-10 AM	\$34.10	Level 2	8-12 yrs
Dec 5-19	Friday	6:30-8 PM	\$48.60	Level 2	12-18 yrs
Dec 6-20	Saturday	10-11 AM	\$34.10	Level 2	12-18 yrs
Dec 7-21	Sunday	10-11:30 PM	\$48.60	Level 2	12-18 yrs

Advanced

Dec 1-22	Mon/Wed	5-6:30 PM	\$101.40	Level 3	8-12 yrs
Dec 6-20	Saturday	12-1:30PM	\$48.60	Level 3	8-12 yrs
Dec 1-19	Mon 3:30-5 PM/Fri	5-6:30 PM	\$88.80	Level 3	12-18 yrs
Dec 4-18	Thursday	3:30-5:00 PM	\$48.60	Level 3	12-18 yrs
Dec 5-19	Friday	8-9:30 PM	\$48.60	Level 3	12-18 yrs
Dec 7-21	Sunday	11:30-1PM	\$48.60	Level 3	12-18 yrs
Dec 1- 22	Monday	7-8:30 PM	\$77.10	Level 4	12-18 yrs
Dec 2-16	Tuesday	3:30-5:00PM	\$60.70	Level 4	12-18 yrs
Dec 2-23	Tuesday	8-9:30 PM	\$77.10	Level 4	12-18 yrs
Dec 3-19	Wed/Fri	3:30-5 PM	\$111.00	Level 4	12-18 yrs
Dec 3-17	Wednesday	6:30-8 PM	\$60.70	Level 4	12-18 yrs
Dec 4-18	Thursday	8-9:30PM	\$60.70	Level 4	12-18 yrs
Dec 6-20	Saturday	3:30-5 PM	\$60.70	Level 4	12-18 yrs
Dec 6-20	Saturday	6:30-8 PM	\$81.00	Level 4	12-18 yrs
Dec 7-21	Sunday	8-9:30 PM	\$60.70	Level 4	12-18 yrs
Dec 2-23	Tues 8-9:30 PM Thurs	5-6:30PM	\$169.00	Level 5	12-18 yrs
Dec 5-19	Fridays	6:30-8PM	\$18.00/day	Level 5 workout	12-18 yrs
Dec 2-18	Tues/Thurs	3:30-5PM	\$147.90	Level 6	12-18 yrs





October 17, 2008

Dear Fellow Members,

As we are all aware, the cost of living and doing business has increased substantially since membership dues were last increased 5 years ago in 2004. Some of the major increases in recurring costs include employee salaries and especially health benefits, electricity, gas and insurance. Additionally, as the facility ages, maintenance costs continue to increase, with those that are foreseeable being tracked in the 10 year Capital Improvement/Major Maintenance plan.

Club income comes primarily from court fees, dues, and to a much lesser extent, the lesson program. Club members have been outspokenly against the future use of targeted assessments to cover unusually large expenses, indicating the desire to establish a capital expense fund to cover such expenses (e.g. the roof replacement over courts 7 through 9). This capital expense fund would be financed through timely increases in the court fees and dues, as well as the capital fund enrollment fee from all new members and the carry over from the existing fund.

Fees are typically reviewed on a yearly basis around the budgeting process with all efforts to keep the expenses reduced, which allows us to keep the fees and dues as low as possible, and we are currently the lowest in the area. In order to cover both the increases in recurring costs and building the capital expense fund the Board of Directors has approved the following changes.

Increase all new memberships dues rates to - \$30.00 monthly (\$90.00 quarterly) plus tax for Share members, \$135.00 a quarter for Associates, and Junior Affiliate dues to \$120.00 (1 junior), \$165.00 (2 juniors), or \$215.00 (3 or more) all semi annually plus tax. The board approved that Group Series Associate (GSA) membership fees be increased to \$45 3-4 lessons, \$65 5-6 lessons, \$90 for 7 or more lessons and the tennis guest fee to \$15.00.

For all current members, the board made the dues increases effective January 1, 2009. The board did not change the racquetball rates or the B330 dues rate. The Board re-affirmed that the senior dues discount (for those over 70 years) would remain at a 20% reduction.

Effective January 1, 2009 the Board approved of increasing the USTA and Cup fees to \$12 for each guest player, late fees to \$5.00, and the 1 hour private lesson rate to \$48. Changing the private lesson rate will affect the private group rates in accordance with the existing formula.

The Board understands that these adjustments will not be popular in the current economic environment but are necessary for the Club to maintain the tennis environment that attracted our members to the Club. We should all take heart in the fact that even with these increases the Boeing Employee's Tennis Club will continue to be the best indoor tennis value in the area. A summary of rates from other local clubs is posted on the bulletin board at the main entrance to the club.

For the Board,

Ed Baker, President

Entry Doors at BETC

Members may pay a \$5.00 key deposit to enter via the west side of the building or the parking lot area behind the racquetball courts. If you would like to access the club via one of these parking lots and want a key, please ask a front desk employee and they will issue you one.

In late October the Fire Inspector came through and informed us that we had to change the handles and locks on the 2 keyed entry/exit doors. This was to comply with code where exit doors have a single knob. So, we've changed the doorknob and had the lock keyed so your key will still work. Please use your key on the lower lock though and not the upper one.

Outdoor Lights

The night time outdoor lights behind the racquetball parking lot have been fixed. When the roofers were here, their lift rested against the building and ended up damaging 3 of the outdoor lights. StirnCo construction who did the job is paying for the repairs. We appreciated your patience while the lights were down.



The Associate membership is currently closed. Memberships available are the B330 (for those that can play before 3:30 any day of the week), the Boeing Share membership and the junior affiliate membership. Effective October 1 tennis guest fees were \$15 and GSA fees increased.

Included within this publication:

- Letter from the Board - Fee Increases Necessary
- 2008 Singles Club Champions Announced!
- The Ten Step Rule
- Wallyball? Call 253-872-5545 ext 22 & Say Yes!
- Leagues Sign-ups for the Winter begin November 17th

Welcome New Members!

Please join us in welcoming the following new members:

Joseph and Karen Engman, Paul Raftis, Diane and Joe Javelli, Kenji Ueda, and Ming and Ti Vuong all new Associates. Adrian Tabaquin is our newest Junior Affiliate.

The welcome letter sent to you will get you started but please don't hesitate to contact us if you need some help.



Racquetball provides such a great workout opportunity and can be accomplished in just an hour! If you have an interest in racquetball but do not know where to get started, please phone Larry Kucera at 206-655-1630. Currently we are offering leagues on Monday night (intermediate), and Thursday night (intermediate).

2008 Board Members:

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