



REPORT

Court



March 2011
Volume 17 Issue 3

www.betconline.net

253-872-5545

J Sez

Submitted by Janet Best, Manager

If you have not filled out a new membership application in the past 3 months, We need you to do so. Boeing Recreation requires that we update our liability waiver with all members. Thus far, only about 40% of the waivers have been completed and returned. Please print the application on page 5 and mail it in.

Many members have made positive comments about the new online reservation system that was launched January 31st. To check it out, go to <http://www.betctennisbookings.com> - Click the Create an Account button and just by answering a couple of questions you will get a user name and password emailed to you. With this, you will have access to making or canceling reservations 24 hours a day. Currently, members may sign-up for special events or social on the new site. We hope to add adult class registration by the summer sign-up time. The capability to sign-up for junior classes online will eventually follow. In any event, check it out - I'm pretty sure you, like other members, will enjoy making your reservation this way.

March 5 at 5:00 PM, BETC is happy to host the Seattle University Men's Tennis team for their match against St Mary's College. This is one of two unique opportunities you will have to see Division 1 Tennis at BETC this year. We have one other match scheduled for Sunday, March 13 beginning at 12:30 where SU will match up against Eastern WA University. You are welcome to come down and watch the high-powered hitting!

Tennis Tip

Submitted by Bill Bartlett, Head Assistant

How to Improve Your Serve and Overhead Smash

Your serve and overhead smash are very similar. They are basically the same motion except for their preparations are a little different. I would like to help you improve your wrist snap and racket acceleration on both of these shots.

Just before you contact the ball on the serve and overhead your racket handle will be fairly close to your right ear if you are right handed. I like to call this part of the overhead smash and serve, "the cell phone posi-

tion". Imagine your racket handle being a cell phone with the speaker on. You would hold the racket handle (cell phone) about 8-12 inches from your right ear prior to contacting the ball. As you strike the ball your arm should be fully extended. To maximize the acceleration of your racket you need a full wrist snap. The butt cap of your racket should be facing up toward the sky immediately following your wrist snap. Your hand needs to be relaxed and loose at this moment to allow the full wrist snap and racket speed.

To help you execute the full wrist snap on your serve and overhead you need to have a good follow through. The best way to have a great follow through is to think of having your grip from the "cell phone position" on your overhead or serve finish by your right hip. So just as you are striking the ball on an overhead say to yourself "grip to the hip". As your racket handle finishes by your hip you should have a good wrist snap, follow through and your racket will be accelerating creating a lot of power on your serve.

So to improve your serve and overhead think of your grip from the "cell phone position" quickly accelerate to your hip. Remember to think "grip to hip" for a better serve and overhead.

From the Board

As we get busy on 2011, we are looking forward to all of the great things that will be completed this year to make our Club a fantastic place to enjoy tennis, working out and relaxing. Reviewing 2010 end-of-year status shows an amazing amount of improvements completed for 2010 and still cleared the largest net profit (small, but profitable) in the last 3 years. Completed 2010 improvement projects included the following: resurface the men's shower, relamping the mezzanine and downstairs, resurfacing the racquetball floors, completing the new racquetball roof, purchasing mezzanine chairs, repainting the mezzanine table tops, and installing column pads and backdrops. Looking forward to more great projects in 2011!

Interclub Activities

Submitted by Margaret Fain

Cup News

Despite some rescheduling due to snow, the Cup season will finish soon. Classic Cup and Challenge Cup recently ended their seasons. With 2 matches to play, Emerald Cup continues its good year and is in 3rd place of 25 teams. Debbie Lacayo is playing great with 10 wins, 1 loss, and 2 ties. Classic Cup ended the season in 7th of 25 teams. Barb Cotton and Carolyn Cruzat were unbeatable in their last 4 matches together. Rainier Cup is in 1st place (yeah!) with 2 matches left. There are several teams right at the top, so they will have to play tough to keep the #1 spot. Kingco Cup has climbed in the rankings in the second half of the season and is now in the top half of their group. Laurie Furumasu has helped improve Kingco's record by winning 8 of her last 9 matches while playing with several different partners. The one match not won ended in a tie, due to time running out before the match was completed. Too bad time ran out, since after losing the first set, Laurie and her partner, Lisa Politeo, won the second set 6-0. I am sure they would have liked to play a third set.

Mixed USTA News

The mixed USTA season is coming to an end. Jesse Chute's 6.0 team ended the season with a 3-4 record. Her 7.0 team still has a couple of matches to go. Debbie Herron's 7.0 team is in third place with one match left. John Enthoven's 8.0 team has a 4-6 record with 2 matches to go.

USTA Adult League

In the adult league, only a few of the men's teams have started play. Ren Ferrer's 3.0 team is 0-2 after two close matches. On that team, Bojan Zlicaric is off to a good start in singles with a 2-0 record. Vinnie Rao's 3.0 team is 0-1 and Al Sasaki's 4.0 team is 0-2. The 4.0 team captained by Roger Risch and Marc Fournier is starting off great with 2 wins. In the first two matches, they won 8 of the 10 courts played. Keep it up!

BETC Activity Corner

Submitted by Tracy Lockhart

League sign-ups have been posted for just over a week and will go through Sunday, March 13th. If you have not signed-up for your desired league please do so as soon as possible to afford your best chance at getting into the league. Remember, to answer all questions on the sign-up sheet as this will make life much easier for our dedicated league coordinators. Also, you MUST have a club or USTA rating to play in a skill specific league. If you do not have a current rating at the time of sign-up, please obtain one before spring league play begins the week of March 28th.

You may have noticed the league sign-up sheets are posted on tables in the mezzanine instead of the bulletin board in hopes of making the sign-up process easier in terms of writing and position. Also, the sign-up sheets themselves have been re-vamped a bit to provide more space. Our very own Lawson Mansfield was instrumental in orchestrating the "new look." If you have comments and/or feedback regarding this please send an e-mail to tracy@betconline.net.

In early February, the 19th Annual Club Doubles Championship was played and many participants entered a drawing for tennis bags and a \$100 gift certificate from CAbi (a high-end women's clothing line.) The winners of the tennis bags were Dave Merz and Marilyn Porter. The bags were generously donated by Dave DeMulling. Linda Gibson was the lucky winner of the CAbi gift certificate. Good news for Linda Gibson and the rest of the ladies at the club. Debra McElroy, a CAbi representative will have on display the new spring line throughout the day and evening on Tuesday, March 15th right here at BETC! Ladies, you will have the chance to shop in a low stress atmosphere before or after playing tennis. Gentlemen, CAbi gift certificates always make great gifts for the woman in your life. If you do not have tennis on Tuesday the 15th, please come by and do a little browsing/shopping. The vibrant colors of the clothes will surely get anyone in the mood for spring.

Stay tuned for details of a Junior Springtime Social with Coach Jesse Walters.

Club Information:

Manager: Janet Best Ext 22 janet@betconline.net
 Head Pro: Allan Overland Ext 31 allan@betconline.net
 Head Asst Pro: Bill Bartlett Ext 32 bill@betconline.net
 Bookkpr: Joanne Hanada Ext 23 joanne@betconline.net
 Leagues: Tracy Lockhart Ext 24 tracy@betconline.net
 Membership: Debbie Herron Ext 24 debbie@betconline.net
 Pro Shop: Dave DeMulling Ext 25 dave@betconline.net
 Club Phone: 253-872-5545 Ext 1 - Front Desk
 Address: 6727 S 199 Place - Kent, 98032
 Hours: Mon/Wed 8:00 AM - 9:30 PM,
 Tue 6:30 AM - 11PM. Thu/Fri 8:00 AM - 11PM,
 Sat./Sun 8:00 AM - 9:30 PM

Lesson Programs & Pro Activities

Submitted by Allan Overland, Head Professional

Members - in March, we have some more great events coming your way. To begin with, we are presenting adult players level 3.0 and up a unique opportunity to work with a renowned authority in the field of the mental side of tennis. On Saturday, March 5th and Sunday March 6th (11-2pm on both days), join noted coach/clinician and author David Ranney for the Mental Game Tennis Camp. Besides six hours of instruction, participants will receive an autographed copy of his lauded book "Tennis: Play The Mental Game", David's special audio CD's, a special test and access to free phone lessons or consultation. Tennis legend Billie Jean King is a big fan of Dave's work; come out to this camp and see for yourself why!

Calling all members ages 10 years and up who love tennis and great food: Caveman BBQ night will be held on Saturday, March 26th, 6:30-9pm. For only \$16.00 per person, you will be treated to two and a half hours of fun filled tennis with the BETC pro staff, and enjoy your choice of a large BBQ sandwich from the legendary Caveman Kitchen restaurant. Heck, we'll even throw in the beverages!

Don't forget to sign up for these and other great lessons or events ASAP. Just call the club at 253 872 5545 (ext. 1), or just sign up in person at the front desk the next time you are at the club. Hope to see you there!



JUNIORS

Level 1- Beginner

A	Sat	10 - 11 am	4-6 yrs
B	Sat	11 - 12 pm	5-8 yrs
C	Sat	11 - 12 pm	8-12 yrs
D	Sun	9 - 10 am	12-18 yrs

Level 2 - Intermediate

E	Sat	12 - 1 pm	6-9 yrs
F	Sat	9 - 10 am	8-12 yrs
G	Fri	6:30 - 8 pm	12-18 yrs
H	Sat	10 - 11 am	12-18 yrs
I	Sun	10 - 11:30 am	12-18 yrs

Level 3 - Advanced Intermediate

J	Mon/Wed	5 - 6:30 pm	8-12 yrs
K	Sat	12 - 1:30 pm	8-12 yrs
O	Mon 3:30-5/Fri	5 - 6:30 pm	12-18 yrs
OO	Thurs	3:30 - 5 pm	12-18 yrs
P	Fri	8 - 9:30 pm	12-18 yrs
M	Sat	6:30 - 8 pm	10-14 yrs
	Sun	1:30 - 3:00 pm	
N	Sat	7:30 - 9:00 pm	10-14 yrs
	Sun	11:30 - 1 pm	

Level 4 - Advanced

Q	Mon	7 - 8:30 pm	12-18 yrs
R	Tues	8 - 9:30 pm	12-18 yrs
S	Wed/Fri	3:30 - 5 pm	12-18 yrs
T	Wed	6:30 - 8 pm	12-18 yrs
U	Thurs	8 - 9:30 pm	12-18 yrs
V	Sat	3:30 - 5 pm	12-18 yrs
W	Sat	6:30 - 8 pm	12-18 yrs
X	Sun	8 - 9:30 pm	12-18 yrs

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Level 5 - Elite

Y	Tues / Thurs	8-9:30/5-6:30 pm	12-18
Z	Tues/Thurs	3:30-5 pm	12-18 yrs

ADULTS

Beginner (1.0 - 2.0)

Sunday	5 - 6:00 pm
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Advanced Beginner (2.0 - 2.5)

Monday	12:30 - 2 pm
Sunday	3:30 - 5 pm

Intermediate (2.5 - 3.0)

Monday	6 - 7 pm
Sunday	1 - 2:30 pm

Advanced Intermediate (3.0 - 3.5)

Monday	11 - 12:30 pm
Monday	5 - 6 pm
Tuesday	12:30 - 2 pm
Tuesday	7 - 8 pm
Wednesday	12:30 - 2 pm
Saturday	8 - 9 am
Sunday	6 - 7:30 pm

Advanced 3.5 & Up Wimbledon Workout

Saturday	1 - 2:30 pm
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WALLYBALL

Join us on Wednesdays at 11:30 AM for a spirited game of Wallyball that is much like Volleyball. The cost is only \$2.00 for a great workout - Beginners to former volleyball players are welcome!



Junior Results

Submitted by Bill Bartlett, Head Assistant

The 2011 BETC Club doubles championships was a huge success with our juniors winning seven events and reaching the finals of many more. Way to go juniors! Joe and Alan Kwiatkowski won the men's 5.0 and 4.5 doubles. Seven out of the eight teams in the men's 4.5 doubles were represented by our juniors. Several father son combinations had success competing together. Vincent Vilorio and Brandon Lowry each won a consolation division with their father. Vincent won the 4.5 division and Brandon won the 2.5 division, while Garrett Ballou reached the final of the main draw of the men's 4.5 doubles division with his father. Connor Cawthorn won the 2.5 doubles with his father.

In an exciting three set match Jeremiah Bayna and Francis Vilorio defeated Garrett Merz and Bryan Thornquist in the Boy's 13 and under doubles. The 13 mixed doubles was won by Misa Takami and Ryan Meredith.

Emma Brethauer and Katelyn Overland won the women's 3.0 doubles. Katelyn also teamed up with Sarah White to win the women's 3.5 doubles. Zach and Cameron Martin won the men's 3.5 doubles without losing a set. Ken Kato and Lauren Thornquist won the 8.0 mixed doubles consolation and Sam Verbon and Emma Brethauer won the 5.0 mixed consolation. Mark Reeves reached the final of the men's 2.5 doubles.

These juniors participated: Marcus Lee, Devon Colby, Harrison Sites, Alex Gutierrez Jaedon McGraw, Katie Lacayo, Jaiya Virk, Timothy Ie, Kenny Pham, Sam Bayna, Adrian and Liezel Villanueva, Miranda Edwards, Sho Kato, Boris Oks, Griffin Wood and Nathan Anderson.

Dual 5 Champs tournament held in Oregon: Wyatt DeMulling won the consolation event in boy's 14 and under.

Member of the Month

Don Raftis & Mary Ann Thorp

Provided by Marissa Aragones

The Dynamic Duo

You can see the love, respect and admiration between this dynamic duo. Don Raftis, the father and Maryann Thorp, the daughter both started playing tennis at the same time – Don was 40 and Maryann was 10. The minute they touched the racket, their passion for the game was ignited

and has never wavered. Both have achieved great success on and off the court.

Don who is "79 and holding" will be 80 in July. He plays singles and doubles matches several times a week. Don religiously works out at his home gym doing squats, stretches, weights, hand and shoulder exercises in the hopes of beating his younger opponents. He records tennis matches from the Tennis Channel and watches them with great detail so he can continue learning the game and improve on his winning percentages. In his 60's, Don won many noteworthy titles playing against very seasoned players – the WA State 60's doubles and the National 60's consolation titles in singles and doubles. He also captained the 1987 Boeing 3.5 doubles team at Nationals in Las Vegas.

Don and his "first wife," Darlene (Dar, as he fondly calls her) who also played competitive tennis have been married for more than 52 years. They have 6 children, 5 of whom have played tennis competitively. He is a retired restaurateur having owned The Golden Steer Restaurant in Kent for more than 35 years.

Maryann, his oldest daughter, has been married to Jim (Thorp) for more than 23 years. She is a mother of 4 very good looking and talented boys who have all played tennis competitively. Bryan is a senior at University of Portland on a tennis scholarship. Connor is very passionate about filmmaking and is in Colorado for school. She still has 2 boys at home – Mitchell and Jamie who both go to Kennedy High School. Maryann has a passion for coaching. She taught in San Diego and has coached several of our USTA teams. This season, she will be coaching her two sons at Kennedy and is very excited about this. She attended University of San Diego and University of Washington on tennis scholarships. An avid athlete, Maryann played all kinds of sports as a child and also swam competitively. Maryann was a state singles champion during her senior year at Kent Meridian, and was highly ranked as a junior both in singles and doubles. She also captained a Boeing 5.0 team that played in the National Finals in New York City.

This dynamic duo went all the way to Flushing Meadows on a father-daughter national tournament in 1979 fully paid for by the national tennis association. They won the local, district and regional titles, and earned the right to represent our region. Only 16 teams went. Together, they won the 1978 "Equitable Family Tennis" regional division. Way to go Don and Maryann!



If you have not already, print, fill out and return this form to BETC by March 10. Thank you.

Membership Type: _____ Share (Boeing) _____ Associate (Public) _____ Jr. Affiliate _____ Other

Applicant

Last Name _____ First Name _____ Gender _____

Home Address _____

City _____ Zip Code _____

Best Contact Phone (Circle one: H or C) _____ Work Phone _____

E-mail (*Non-Boeing email addresses preferred*) _____

I would like to be able to make court reservations and book group lessons online.

I would like to receive the following information through email:

- Lessons and Socials
- Tournaments
- Leagues and other Club Activities
- Pro Shop Information
- Other Announcements
- All of the Above

Spouse/Domestic Partner of Adult Member listed above

Last Name _____ First Name _____ Gender _____

Best Contact Phone (Circle one: H or C) _____ Work Phone _____

Email (*Non-Boeing email addresses preferred*) _____

I would like to be able to make court reservations and book group lessons online.

I would like to receive the following information through email:

- Lessons and Socials
- Tournaments
- Leagues and other Club Activities
- Pro Shop Information
- Other Announcements
- All of the Above

Dependents of Adult Member listed above

Last Name _____ First Name _____ Gender _____ Age _____

Last Name _____ First Name _____ Gender _____ Age _____

Last Name _____ First Name _____ Gender _____ Age _____

As a result of member input the club may restructure its memberships to include a single membership. Within your current membership, who participates? Please place a check in the area provided for all that apply.

Adult _____ Adult _____ Child _____ Child _____ Child _____ Child _____

With my signature, I agree to abide by the rules of the club now and hereafter adopted. I understand that membership dues, rates and court fees are subject to change. The capital fund in any portion is not refundable. Any applicant who cancels their membership and then re-applies at a later date will again be responsible for the capital fund fee. My signature on this document indicates that all statements are true and I agree to contact the club with any changes in the eligibility of my spouse, domestic partner or dependents.

Waiver: In consideration for the right to participate in this Club activity, I hereby release the club, including its directors, officers, instructors and members, and the Boeing Company, including its directors, officers, and employees, from any and all liability, claims, and causes of action arising out of or in any way connected with my participation in this club activity. I personally assume all risks in connection with this activity, and further agree to indemnify the club and its directors, officers, members and instructors, and the Boeing Company and its directors officers, and employees from all liability, claims and causes of action which I may have arising from my participation in said club activity. The terms of this agreement will also serve as a release and indemnity agreement for my heirs, personal representative(s) and for all members of my family.

I further state that I am eighteen (18) years of age or older and legally competent to sign this release and that I understand these terms are contractual and not a mere recital, and that I have signed this document as my own free act.

I understand that this Agreement waives important legal rights, and I acknowledge that I have fully informed myself of the contents of this Agreement by reading it before signing it.

Applicant's Signature

Date

Boeing Employees Tennis Club - 6727 South 199th Place, Kent, WA 98032
www.betconline.net - Phone: 253.872.5545 Fax: 253.872.9297