



REPORT

Court



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253-872-5545

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Submitted by Janet Best, Manager

Membership is still open with about 40 associate and several junior affiliate memberships available. The 1st Monday of every month we offer tours of BETC at 4:30. Since BETC can not advertise, please help us spread the word by telling your neighbors and friends - Thank you!

For adults of the 2.0 - 2.5 level a new league is beginning on Mondays at 6:30 PM. Longtime member, Steve Kono, will run this Introduction to BETC leagues league so new players may learn about the game. A sign-up sheet for this new league is currently posted!

The men's and women's weekend USTA matches have begun. With the season starting, this should open up a bit more reservation time on weekend mornings. This is because, outside of the USTA season many of our members are practicing for USTA on weekends. But now, with the matches later in the afternoon they are saving themselves for the match. Share and Associate members may have as many weekend (non prime time) reservations as they wish 7 days in advance. Junior Affiliates may reserve 3 days in advance while B330's can go 5 days out.

A few BETC no no's... Showers are not allowed after 9:30 PM daily; alcohol and smoking are not allowed anywhere on the BETC grounds; and, we prefer your natural odor rather than one covered in perfume or cologne. Thank you for your cooperation.

Tennis Tip

Submitted by Bill Bartlett, Head Assistant

Drop Shot

To be a complete player you need to be able to hit all the shots. Roger Federer is probably the most complete player in the world. During this years Australian open Federer added a new shot to his game. He added the forehand drop shot. He used it very effectively and I would like to help you improve your drop shot.

To hit a good drop shot you must use the element of surprise. This is achieved by making sure you disguise it. Disguise is achieved by taking your racket back with the same preparation you would use for a forehand drive. Take your racket back with your strings closed (facing downward) as if you are going to drive

the ball with topspin. Make sure you are inside the baseline when attempting a drop shot. Hitting a drop shot from behind the baseline is a low percentage shot as your opponent will have more time to run it down. The down the line drop shot should have a little arc on it with under spin. This will slow the ball down and make it bounce closer to the net.

Once you hit an effective down the line drop shot approach the net. Your opponent probably will hit a short soft return. The cross court drop shot should also be hit with under spin but with less arc. This will help the ball to angle off the court and away from your opponent. You should not approach the net after hitting a cross court drop shot in singles. Just step inside the baseline to see what kind of shot your opponent will hit. In doubles you can approach the net if you hit a good cross court drop shot.

The best way to hit a good drop shot is to open your racket face just before contacting the ball for disguise. Imagine the ball as a butterfly and your racket as a butterfly net. Think of gently scooping the butterfly into the butterfly net as you are hitting the ball. Once the ball hits your strings try to keep the ball on your strings as long as possible. With an open racket face scoop under the ball following the contour of the ball. Use a short backswing and an abbreviated follow through.

To add the drop shot to your game remember to disguise it. Try it only on short shots. Approach the net after hitting a good down the line drop shot in singles. Also approach the net after a good drop shot in doubles. Softly scoop under the ball to create under spin for your drop shot and utilize some arc for the down the line drop shot. With these tips you will be able to win more points off your drop shot.

From the Board

This is the year that the club anticipates replacing our florescent bulbs. It is much less expensive to switch them all out at once at the end of their anticipated life vs. having several service calls to replace the occasional burned out bulb or bulbs.

The club will be offering a new opportunity for members to take a tennis lesson in the early times during the day. Just what you early birds have requested. Call the club to schedule your lesson with the pro today.

The front desk and Pro's are putting together a FAQ's regarding the junior lesson program. This should prove to be valuable information for all parents with youngsters in any junior lesson group. >>>

<<< If you are one of those lucky people planning a trip to Indian Wells and want to get together with fellow BETC members for dinner, coffee or post match talk, call Janet. She is gathering the names of folks going down who may want to link up.

Club operating costs came out about even for the year 2009.

Interclub Activities

Submitted by Tracy Lockhart

Mixed USTA

BETC wrapped up the mixed USTA season in February with a few disappointments; but, more importantly, by experiencing great team camaraderie along with numerous hard fought matches.

Marissa Aragon's 6.0 team finished the season with a 2-1 win against Amy Yee MacDuff on February 20th. Dan Benoit's 7.0 team lost a close match against Mercer Island Bednarski 1-2 on February 21st.

John Enthoven's 8.0 team lost a tough match on Valentine's Day against Central Park Rogers 1-2. Sachiko Ishihara-Spray and Ron Hodge easily won their court in two quick sets, 6-0, 6-1. Kay Lorrain and Tony Lo went down fighting in a sea-saw match losing the first set 1-6, coming back to take the second set 6-4 bringing the match to a third set super tiebreak. Unfortunately, they lost the tiebreak. I was lucky enough to watch and the points were exciting -- it was definitely a nail-biter!

Ramon Locsin's 8.0 team won their match on the 13th of February and ended up losing their final match on February 20th against Robinswood Conley 1-2. Liz Gorey and Josh Hershfield won their court in a third set tiebreak.

Sheryl Stacy Brown's 9.0 team won their last match 3-0 against Sammamish Weller. Sheryl's 9.0 team finished with the strongest BETC mixed record by only losing two matches. Thanks to all the players who participated in the mixed season and of course BETC will be back stronger than ever for the 2010 season.

Men's and Women's USTA

The men's and women's USTA seasons are just beginning to unfold. Baraka Brown's 4.5 team played their first match at home last Sunday the 21st of February. They beat the strong Harbor Square Cohon team 3-2. Charles Trayford and Matt Rorvick won their court handily 6-3, 6-3. Baraka Brown played singles and took his court in a third set tiebreak. Kevin Andry and Jim Ogborn won their court as well in a third set tiebreak after losing the first set 0-6! Way to start off the season team "Meet the Brown's!"

Cup Tennis

All the Cup teams only have one or two matches left to play. BETC's Cup Teams have done extremely well and have represented our club with spirit, graciousness and competitiveness. Emerald and Classic Cup are

currently in second place! Rainier and Challenge Cup are both in the middle of the pack. Challenge Cup has moved up in the standings and is only a quarter of a point behind Bellevue Club 1.

Tennis Activities

Submitted by Liz Buck, Member Services

NEW LEAGUES!

We have three new leagues this session. We have: **Intro to BETC Leagues**, a day time **Mixed Doubles League** and **Thursday night** ladies 2.5-3.0. The Intro to BETC League is for beginners to a 2.5 rating. This league will be Monday night at 6:30 pm. It will start on March 29th and run until June 14, 2010 with one skip date which will be May 31, 2010. Steve Kono has graciously volunteered to coordinate this league. For question you may call Steve at 253-653-5310 or Liz at 253-872-5545 ext 24. This will be a great opportunity to meet other players and get the experience of being involved in a BETC league. Come join the fun! Our new **Mixed Doubles League** will be Wednesday **AFTERNOON** at 12:30 pm. Maybe you can start a new tradition and have a potluck lunch every other week! This will be open to all levels. The start date for this league will be March 31st and will run until June 16th, 2010. **Thursday night** at 8 pm we have a **Ladies Doubles League 2.5- 3.0**. We are looking for participants and a coordinator. If you volunteer to coordinate the league your league fee is waived!

When you are at the club browse the What's Happening Board up in the mezzanine and check out all the league sign up sheets. There is a league for you!

The Wilson night social was a lot of fun! We had a lot of participants that made it a whole lot of fun. Lots of great food, lots of laughs and high energy music. The next potluck social is Saturday March 27th. It will be Prince night. Come find your Prince...demo Prince rackets, get great tips from our pros and enjoy food and friendships. See you on the courts!

What's Happening!

Currently the league sign-up sheets are posted for the spring season. On the backside of that display board is the "What's Happening Section" for BETC. When the league sign-ups are complete and that board gets spun back around you might notice some things of interest:

If you want to play on a USTA team but do not know others to ask, sign-up as an "USTA Free Agent" and hopefully a current team will pick you up. If you see enough players and want to form your own team - please ask Janet how to proceed. "Court Availability" for the next 7 days is updated 3 >>>>

Lesson Programs

Submitted by Allan Overland, Head Professional

Members, One of the best potluck social events of the year is coming this month: Prince Demo Night, on Saturday, March 27, from 6:30-9pm! Knowledgeable Prince rep Erik Lange will bring many of the newest frames created by Prince, and will be happy to answer any questions you may have about them.

BETC pro shop owner and ace racquet stringer Dave DeMulling will be in attendance, and he will be extending participants a very special discount (for a very limited time) on all Prince products! We will have lots of great Prince prizes to give away. All members ages 8 years and up are warmly invited. Prince has updated their fantastic line of EXO3 racquets for 2010, and designed them to give you a sweet spot up to 83% larger, an increase in spin up to 25% greater and up to 25% more control. On top of this, Prince makes some of the most comfortable racquets in the business, and you can experience up to a 50% reduction in frame vibration, which is particularly beneficial to those players looking for a racquet that is easy on their elbows. But don't take my word for it, come on out and see for yourself!

Juniors, here's an early notice that the annual Spring Break Tennis Camps are coming - Monday, April 5th and Tuesday, April 6th. Join the pros for two action packed days of intensive games and drills. We have three camps for players of virtually all levels of play: Champs (advanced) 10-12pm daily, Challengers (intermediate) 12-2pm daily and Rookies (beginner) 2-3:30pm daily.

As ever, sign up for these and other activities and lessons at the front desk. See you out on the courts!

Junior Lesson Program

Level 1- Beginner

A	Sat	10 - 11 am	4-6 yrs
B	Sat	11 - 12 pm	5-8 yrs
BB	Sat	11 - 12 pm	8-12 yrs
C2	Sun	9 - 10 am	12-18 yrs

Level 2 - Intermediate

D	Sat	12 - 1 pm	6-9 yrs
E	Sat	9 - 10 am	8-12 yrs
G	Fri	6:30 - 8 pm	12-18 yrs
H	Sat	10 - 11 am	12-18 yrs
C	Sun	10 - 11:30 am	12-18 yrs

Level 3 - Advanced Intermediate

L	Mon/Wed	5 - 6:30 pm	8-12 yrs
M	Sat	12 - 1:30 pm	8-12 yrs
N	Mon 3:30-5/Fri	5 - 6:30 pm	12-18 yrs
O	Thurs	3:30 - 5 pm	12-18 yrs
P	Fri	8 - 9:30 pm	12-18 yrs
P2	Sat	6:30 - 8 pm	10-14 yrs
	Sun	1:30 - 3:00 pm	
J	Sun	11:30 - 1 pm	12-18 yrs

Level 4 - Advanced

Q	Mon	7 - 8:30 pm	12-18 yrs
R	Tues	3:30 - 5 pm	12-18 yrs
S	Tues	8 - 9:30 pm	12-18 yrs
T	Wed/Fri	3:30 - 5 pm	12-18 yrs
U	Wed	6:30 - 8 pm	12-18 yrs
V	Thurs	8 - 9:30 pm	12-18 yrs
W	Sat	3:30 - 5 pm	12-18 yrs
X	Sat	6:30 - 8 pm	12-18 yrs
Y	Sun	8 - 9:30 pm	12-18 yrs

Level 5 - Elite

Z	Tues / Thurs	8-9:30/5-6:30 pm	12-18 yrs
Z1	Fri	6:30 - 8 pm	12-18 yrs
Z2	Tues/Thurs	3:30-5 pm	12-18 yrs

(from page 2 "What's Happening")

times a week and posted there as well as the web and the front desk. There is a notice recruiting "Substitutes for Leagues" - coordinators should check this out and pull names from the list. A "Match Maker" has the names of other members looking for opponents. It includes skill levels and contact information. There are Calendars of "Upcoming Events" and a place for members to have their name added to the "Email Distribution List". Besides all this wonderful information we try to keep you informed about the records of our USTA or Cup teams!

Junior Results

Submitted by Bill Bartlett, Head Assistant

Several of our juniors traveled to southern California to play in the National Open tennis tournament. This is a level 2 national tennis tournament which is the second highest level of competition in the nation. Top players from all around the country competed in this tournament. Jamie Thorp won three matches in the boy's 14 singles and Anegla Chen won three matches in the girl's 16 and under division. Jordan Smith won one match in the boy's 16 and under division. Wyatt DeMulling played three tough matches in the boy's 12 and under division. Way to go players!

The 2010 BETC Club Doubles Championships were well represented with many of our juniors winning events. Greg Furu-masu and Alex Wang won the boys 13 and under doubles. Marcus Lee and Jaedon McGraw won the consolation event. Men's 3.5 Doubles: Aadil Diwan and James Dugan won 3-6, 6-3, 6-0 in the final. David Tran won the consolation event. Men's 4.0 Doubles final: Cole Jeter defeated Ben Huang and Adrian Villeneuve. Vincent Lin and Alex Lin won the consolation. Women's 3.0 Doubles: Nichola Usher and Kimberly Williams won a close three set match 6-4, 2-6, 7-5. Women's 3.5 Doubles: In an all junior final Breanna and Kyana Esber defeated Alyssa Nagai and Kara Ikeda. Women's 4.0 Doubles: Breanna Esber and Alyssa Nagai won the consolation event in an exciting three set match 6-2, 6-7, 6-4. Mixed 6.0 Doubles: Lauren Thornquist and Vincent Vioria won 6-3, 7-6 in the final.

Adult Lesson Programs:

Sunday	4:30 - 5:30 pm	Beginner 1.0-2.0
Monday	12:30 - 1:30 pm	Advanced Beginner 2.0-2.5
Sunday	3:30 - 4:30 pm	Advanced Beginner 2.0-2.5
Monday	11- 12:30 pm	Intermediate 2.5-3.0
Monday	6 - 7 pm	Intermediate 2.5-3.0
Sunday	1 - 2:30 pm	Intermediate 2.5-3.0
Monday	5 - 6 pm	Advanced Intermediate 3.0-3.5
Tuesday	12:30-1:30 pm	Advanced Intermediate 3.0-3.5
Tuesday	7 - 8 pm	Advanced Intermediate 3.0-3.5
Wednesday	12:30-2 pm	Advanced Intermediate 3.0-3.5
Saturday	8 - 9 am	Advanced Intermediate 3.0-3.5
Saturday	1 - 2:30 pm	Advanced 3.5 & up Wimbledon Workout



Suggestions or ideas?... What's a great tip for a forehand slice or does that leaky faucet need fixing?... Just a couple of silly examples of suggestions that we could or should hear.... Please send an email to Janet or Allan at the links provided (janet@betconline.net - allan@betconline.net) or go to the website and fill out the form.

<http://www.betconline.net/contactus.php>



Wallyball Wednesday's - Come join us at 11:30 every Week for a great workout in a game very similar to volleyball!

Use of Club and USTA Ratings

Players are required to have a USTA or Club rating for all leagues except for those leagues that are open to all skill levels or ladies daytime flights. Annually the USTA updates their ratings. Adult or senior computer ratings are valid for 3 years and once a member's USTA rating expires, it will be converted to a Club Rating. For BETC league purposes, a self-rating is not valid and a Club Rating should be obtained. In the event a player has both ratings, the USTA rating will take precedence and the Club Rating will be dropped.



Annually, at the initiation of any member, a Club Rating may be reviewed by filling out a form provided in the office area. In the review process the Head Pro will request data (if applicable) from the league(s) the member is participating in and also watch the member play. The result of a review will be communicated to the player and member requesting the review. Reviews of Club Ratings must be completed prior to any league sign-up period. Current USTA and Club Ratings are available at www.betconline.net and at the club.

In all tournaments that BETC hosts, the member must play at their designated rating.

Racquetball!

If you have an interest in racquetball but do not know where to get started, please phone Larry Kucera at 206-662-7452. Currently there is an intermediate level league on Monday night and a challenge court group on Thursday night. For more information, please call Larry. WOW - What a great sport racquetball is!

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