



REPORT

Court



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253-872-5545

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Submitted by Janet Best, Manager

A kindly reminder that chewing gum is not allowed on the courts and water must be in a sealed container. Water stains and globs of gum are very unsightly on our beautifully resurfaced courts.

If you would like to access the club through one of the locked doors, please ask for a key at the front desk. The key will work on all doors labeled "Key Access Only" and staff will collect a \$5.00 deposit. After the new roof is installed on courts 7-9, we will make the court 7 door accessible by key.

If you are going to open a door located on a court, please keep it open with the rope provided rather than use a rock. The rocks tend to dent the doors which makes them difficult to close.

Next month, we will install a draw curtain between courts 4 and 5. With this accomplished, members will be able to schedule a ball machine on either of those courts in addition to courts 6-9.

If you are not using the online reservation system but want to check it out, go to the link provided (www.betctennisbookings.com) and look for the "See a Demonstration Video." It is only a few minutes long and will show you how to book a court or sign-up online for special events such as the monthly socials. Also, if all the courts are full at a time when you would like to play, you can have your name added to an alternate list. When a court opens, it will email those members on the alternate list and the first member who books it will get the reservation.

A printed directory is in the works and should be available very soon. Once available, we will have them in the office area. Many thanks in advance to Club Member Ken Sharp who is printing this directory for us at a significant savings. If possible, we would appreciate you supporting Ken's business:

Minuteman Press of Kent

841 Central Ave N, Suite 110 - Kent, WA 98032

253-852-6020 and 253-859-2844 fax

www.fineprintcompany.com

Tennis Tip

Submitted by Bill Bartlett, Head Assistant

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The Double Tap Follow Through

One common mistake I see with a lot of club players is a poor follow-through on their ground strokes. These players often have a tight and abbreviated follow-through. This causes a loss of racket speed which reduces power and accuracy on ground strokes.

There is an easy teaching tool that can be used to transform a poor follow-through on ground strokes to a full and fluid follow-through. I call this the double tap follow-through. This simply is a method to help you to make a full and fluid follow-through. As you are hitting a forehand or two-handed backhand, force yourself to finish the shot by tapping your back twice with your racket head. This will ensure you will have a full follow-through. By tapping your back twice on the follow-through, you will be forced to have a fluid smooth finish because if you don't, you will hit your back too hard.

This double tap follow-through will make you pause after your follow-through which will give you time to check your finish and to be balanced. I would recommend using the double tap follow through in practice. You will only need to use it a few times before reaping the benefits of a full and fluid finish.

The next time you are trying to improve your follow through on your ground strokes try using the double tap follow-through. You will notice a more relaxed and effective follow-through.

From the Board

The reroof of courts 7-9 is scheduled for July 5-28. During this time, the lesson program will be moved to courts 4-6. This is going to impact court availability. We appreciate your patience as we work through this important and necessary maintenance project.

The board is discussing the possibility of modifying a racquetball court for pickleball use. The dimensions are not perfect, but are close enough that it is worth considering. If you have any >>>>>

Cruz and Jared Schraeder. Boys' 4A doubles: Alex Yi/Vincent Lin and Spencer Herron/Henry Wurst. Alternate: Henry Ly/Daniel Ablog. Girls' 3A singles: Maggie Henderson. Boys' 3A singles: Jordan Smith. Boys' 3A doubles: Mitchell and Jamie Thorp. Boys' 1B/2A/1A doubles: Nathan Anderson/Ty King. Boys' 2A singles: Joe Kwiatkowski.

Pacific NW Yearbook

Fellow member Rick Dahlen was perusing his 2011 Pacific Northwest Yearbook and found that Amie Vo received the sportsmanship award for 2010. Amie joins past winners that include: Pat Galbraith, Jonathon Stark, Lisa Moldrem, Mike Cadigan, Stacy Cadigan, Ian Schroeder* (son of Ed), Cindy Olejar, Mark Tomandl, Lisa Proctor, Ryan Pang*, Peggy Wu, Joe Tostenrude*, and Peter Kung. (* past or current BETC members). Emmett Egger is the male counterpart for 2010.

Also noted in the yearbook is: Kay Lorrain is on the 4.5 women's senior sectional champions, Mike Ahn on the mixed 8.0 sectional champions, David Miller and Kyle Schraeder ranked fourth in men's open doubles, Baraka Brown is 17th in 35 men's singles, Norm Kan-zaki is 5th in 55 men's singles, Amie Vo is 14th in women's open singles, Ariel Ohno is 12th in women's open doubles, Kay Lorrain is No. 1 in women's 45 singles and doubles, Bonnie Paasche is second in women's 55 singles.

Tennis Shoe & Bag Sale!



Friday, May 27 through Monday, May 30, Dave is having a sale on all tennis shoes and tennis bags! All shoes and bags will be 25% off.

WALLYBALL!

Join us on Wednesdays at 11:00 AM for a spirited game of Wallyball that is much like Volleyball. The cost is only \$2.00 for a great workout - Beginners to former volleyball players are welcome!

June 11th is our inaugural wallyball tournament. The format will be round robins with the top two teams going into the final. Players may signup as a 2 player or 4 player teams.

Member of the Month

Provided by Marissa Aragones



The Viloría Family

Benny is the husband to Cres, the father to Vincent and Francis, an engineer, an electrician, a biker, and a tennis player. Benny and

Cres grew up together in the same town in the Philippines but did not discover their love for each other until they met again in Los Angeles. They will be married 16 years on June 15th.

Benny and his family have been members of the club since 1997. Benny is a self-taught tennis player. He discovered his love for tennis as a child and started as a ball boy at a local tennis facility in his town. He learned by watching the tennis pros and the players, and voraciously read anything about how to play tennis as a child. Pretty soon, he was playing with the best players in town and teaching the kids in his town including Cres. He played tennis in high school and also at his work - Philippine Long Distance Telephone (PLDT), where he was an engineer. At PLDT he competed against the best players of other prominent companies in the Philippines.

Benny is a born athlete and a person who can not sit still. He ran track, played basketball, baseball and tennis as a child. He is a quick learner and everyone wanted to be in his team. He is also a biker and bikes with a team during weekdays. His team rides 60 – 100 miles on a weekend. He also enjoys hiking, camping and mountain biking.

Benny is the youngest of 7 kids. His Dad, an electrician, taught him electrical work as a child, and Benny helped with the business during his high school days and learned to be very adept with his hands. He studied civil engineering in the Philippines and now works for Boeing in the payloads/interior area. He was hired in 1997 when he was still living in Los Angeles.

Cres works for International News, a garment company as their Controller. She received her accounting degree at California State University. Even though she has a huge responsibility at work, her priorities have always been her children and family. She also volunteers at church as their Eucharistic minister. According to her, she relaxes by shopping and playing tennis.

Vincent, their oldest son is 15 and attends Kennedy High School as a freshman. He plays on the school's varsity tennis team. Francis, aged 10, is a 4th grader at St. Anthony's and also plays tennis.

The Viloría family is so much fun to be around BETC is a big part of their lives!

Lesson Programs & Pro Activities

Submitted by Allan Overland, Head Professional

Members- we have an extra special pro social event slated for June and a new, expanded summer junior program coming your way in July! We are extremely pleased to feature our BETC Summer Junior Teams, for juniors of

virtually all levels, for ages 8-18 years. The Rookies Team (level 1) meets Monday- Thursday, 3:30-5pm, the A's Team (levels 2 & 3) meets Tuesday- Friday, 10-12pm and the Champ Team (level 4) meets Tuesday-Friday, 12-2pm. As ever, juniors get to train extensively with BETC's top rated USPTA certified staff, compete weekly in dual match play in the Auburn Valley Tennis League and receive a cool team t-shirt. Yet check out what is ALL NEW for 2011:

- Expanded workouts; **two** hours of intensive tennis per day.
- Daily supervised conditioning program.
- Bimonthly pizza party and three hour mini tournament.

And to give juniors even more great match play seasoning, we will again offer two match play workshops, coached by former junior US Open doubles champion, and former US junior #1 in singles, JJ Jackson. The Level 3 workshop is held Tuesday and Thursday, 12:30-2pm, and the Level 4 workshop is held Tuesday and Thursday, 2-3:30pm. For this year, a more tournament like environment will be maintained, as a weekly standings list will be kept- with some nice tennis prizes awarded to the top 4 players at the end of each monthly session. Fewer players will be taken this year to give participants more opportunities to play both singles as well as doubles, and we have well reduced the fee to make the workshops a more affordable companion to those already playing on the summer teams! Besides these great teams and workshops,

JUNIORS

Level 1- Beginner

A	Sat	10 - 11 am	4-6 yrs
B	Sat	11 - 12 pm	5-8 yrs
C	Sat	11 - 12 pm	8-12 yrs
D	Sun	9 - 10 am	12-18 yrs

Level 2 - Intermediate

E	Sat	12 - 1 pm	6-9 yrs
F	Sat	9 - 10 am	8-12 yrs
G	Fri	6:30 - 8 pm	12-18 yrs
H	Sat	10 - 11 am	12-18 yrs
I	Sun	10 - 11:30 am	12-18 yrs

Level 3 - Advanced Intermediate

J	Mon/Wed	5 - 6:30 pm	8-12 yrs
K	Sat	12 - 1:30 pm	8-12 yrs
O	Mon 3:30-5/Fri	5 - 6:30 pm	12-18 yrs
OO	Thurs	3:30 - 5 pm	12-18 yrs
P	Fri	8 - 9:30 pm	12-18 yrs
M	Sat	6:30 - 8 pm	10-14 yrs
	Sun	1:30 - 3:00 pm	
N	Sat	7:30 - 9:00 pm	10-14 yrs
	Sun	11:30 - 1 pm	

Level 4 - Advanced

Q	Mon	7 - 8:30 pm	12-18 yrs
R	Tues	8 - 9:30 pm	12-18 yrs
S	Wed/Fri	3:30 - 5 pm	12-18 yrs
T	Wed	6:30 - 8 pm	12-18 yrs
U	Thurs	8 - 9:30 pm	12-18 yrs
V	Sat	3:30 - 5 pm	12-18 yrs
W	Sat	6:30 - 8 pm	12-18 yrs
X	Sun	8 - 9:30 pm	12-18 yrs

Level 5 - Elite

Y	Tues / Thurs	8-9:30/5-6:30 pm	12-18
Z	Tues/Thurs	3:30-5 pm	12-18 yrs

we have a comprehensive program with something to offer everyone, so make sure to pick up a summer lesson brochure at the club front desk next time you are in the club!

And for the first time on Saturday, June 25th, from 6:30-9pm, we will be holding the long requested Babolat Demo Night! Members ages 10 years and up are warmly invited, and the cost is only \$7.00 per person, and a food item to share, as this is also a potluck social event (we'll provide the drinks). Come on out and try the latest Babolat frames in some great games and drills conducted by the pros. The Babolat PNW rep will also be on hand to happily answer any questions you may have about these dynamic frames.

ADULTS

Beginner (1.0 - 2.0)

Sunday 5 - 6:00 pm

Advanced Beginner (2.0 - 2.5)

Monday 12:30 - 2 pm

Sunday 3:30 - 5 pm

Intermediate (2.5 - 3.0)

Monday 6 - 7 pm

Sunday 1 - 2:30 pm

Advanced Intermediate (3.0 - 3.5)

Monday 11 - 12:30 pm

Monday 5 - 6 pm

Tuesday 12:30 - 2 pm

Tuesday 7 - 8 pm

Wednesday 12:30 - 2 pm

Saturday 8 - 9 am

Sunday 6 - 7:30 pm

Advanced 3.5 & Up Wimbledon Workout

Saturday 1 - 2:30 pm