



REPORT

Court



June 2010
Volume 16 Issue 6

www.betconline.net

253-872-5545

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Submitted by Janet Best, Manager

I continue to be proud of BETC junior, Max Manthou, not only for his amazing accomplishments, but for his character. Max is currently a senior at Kentwood High School and will be attending the University of Washington in the fall on a tennis/academic scholarship. Max has just done what no one has ever done before and that was to win 4 consecutive 4A State Tennis Championships. Couple that with a basketball state championship earlier this year and Max has 5 state championships! Chris Egan with King 5 News was at BETC filming Max and his coach and BETC Pro Jesse Walter. The story will air this Thursday at 5:00 PM. There is a cool article on Max (aka The Little Big Man) in the ESPN junior version called RISE - Issues are available in the mezzanine area at BETC. Results of all the state champions and participants will be shown in the newsletter next month.

Since we re-surfaced the tennis courts the ball fuzz has significantly increased because the courts have more grip. Each of the three court sections are vacuumed twice a week (courts 1-3, Mon./Thurs., courts 4-6 Wed./Sat., and courts 7-9, Tues./Fri.). Other reasons which may cause dirtier courts: Colder (static) weather where the fuzz wants to stick to everything; ball machines are the worst contributor; using less costly extra duty tennis balls which have more fluff rather than the Pro Penn's we sell; lastly, spring is upon us and the cottonwood tufts enter as we open the exterior doors. The installer of the new court surface states that depending on the amount of play, it takes about a year before the courts get a little smoother. Thus, we are almost there; and in the meantime we appreciate your patience and understanding. Next time around, we will provide an adequate budget for this.

Tennis Tip

Submitted by Bill Bartlett, Head Assistant

How to Hit a Deep or Short Shot Well

The Pros are very skillful in their ability to consistently hit their shots deep. They can also hit short angled shots with ease. These two skills are the

main ingredients to an effective game. I would like to help you improve these two skills.

The first skill you need to learn in hitting a deep shot is the skill of keeping the ball on your strings for an extended period of time. The longer you can keep the ball on your strings the deeper the shot will land. The best way to learn this is to imagine three tennis balls connected to each other in a straight line. Visualize yourself hitting through all three of these balls in a horizontal path. This will force the ball to land deep. The longer you keep the ball on your strings the more control you will have. The pros describe this as an elongated contact point. The benefit of hitting the ball deep is that it will prevent your opponent from attacking your shot.

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From the Board

The board and staff want to remind members to read and follow the club's Standard Court Etiquette and Behavior. We need to respect our building, courts, equipment and each other while playing in our club. We all need to set good examples for whomever is watching: other members, our young players, visitors to our facility and potential new members. Tennis is supposed to be a fun, competitive, and social sport-let's keep the abuse out of it. All of this information can be found under "Operations and Procedures" on the club's website.

Disciplinary Actions for Violation of Standard Court Etiquette and Policies

1. Upon 1st violation, the offender will receive a verbal warning and, if warranted, may be immediately ejected from the club for the remainder of the court session. Court fees will not be refunded.
2. Upon a 2nd violation, the offender will be immediately suspended from the club for 30 days and a written violation slip from the club explaining the violation will be issued. Court fees will not be refunded. (Dues are not applicable during suspension period).
3. If a 3rd violation occurs, the offender will be immediately suspended from playing at the club for a period of 1 year. Court fees will not be refunded. (Dues are not applicable during suspension period).
4. All violations will be reported in writing to the violator and kept on file at BETC.

Interclub Activities

Submitted by Tracy Lockhart

The Adult USTA season is now winding down and some teams have completed their seasons. Teams results are listed below:

USTA Men		USTA Women	
3.0 Rao	2-7 Done	3.0 Hughes	4-3
3.5 Thorp	5-1	3.0 Williams	4-3
3.5 Sherman	3-4	3.0 Ikeda	8-0
4.0 Risch	5-3 Done	3.5 Bear	1-5
4.0 Renken	3-3	3.5 Euting	6-3 Done
4.5 Brown	4-2 Done	3.5 Cruzat	4-3
4.5 Lockhart	4-1	4.0 Sasaki	3-6 Done
5.0 Nguyen	0-5	4.0 Yu	4-4
		4.5 McIntosh	7-1

Julie Ikeda's team is still undefeated! They have just one match left to finish their season. It looks like we will have the privilege of rooting them on at play-offs, and we hope to be cheering for them at sectionals and nationals as well. However, their mentality is to take one match at a time. More exciting team news: Jim Thorp and Jennifer McIntosh's teams both have only one loss to date.

Individual Achievements.

- Kay Lorrain at the 4.5 level has won all seven of her singles matches sporting an undefeated season thus far.
- Dan Benoit who is on Jim Thorp's 3.5 team is currently undefeated after playing five matches.
- Al Sasaki who plays for Dave Renken's 4.0 team won his singles match on April 17th in two sets. Kudos to Al for playing singles, as he is normally a doubles player.
- Katie Haley, a relative new player has taken the game by storm. She is a member of Julie Ikeda's 3.0 team. Her record this season is 7-3, but two of her matches were double bagels! One was with partner, Cathy Shaheen and the other was with partner, Debbie Lacayo. Cathy and Katie just played a match on May 30th and it was another crushing walkover of 6-0, 6-1.
- Janet Stallman plays on Jan Yu's 4.0 team. Janet has won six of the seven matches she has played in and four of those were with partner, Carol Turek.
- Carrie Berquist plays for Kathy Hughes' team. She has won every doubles match she has played in for her team.
- Laurie Furumasa and Brenda Fitzgerald are on Jennifer McIntosh's 4.5 team. Brenda and Laurie have played five matches together only losing one in a third set tiebreak.

Please come support your favorite teams for their remaining matches. Check out results, dates and times on the "What's Going On" board at BETC that is located on the mezzanine.

Tennis Activities

Submitted by Liz Buck, Member Services

We have several things happening in the month of June. The League Sign Up sheets will be posted time to get into a league of your choice. Summer leagues run from the week of June 21st to the week of August 30th.

Tennis Open House is Monday June 7th from 12:30 to 5pm. The Open House is free and non-members are welcome. There will be racquets to borrow and balls are supplied so wear your tennis shoes! Please come join the fun and bring a friend.

Don't forget Father's Day Sunday June 20th! Court cards, gift certificates or a lesson with a Pro could make his day!

June also brings the NW WA Junior Tennis Championships that runs June 25-27th, 2010. Juniors sign up now, entries close Friday, June 16th, 2010. This is a USTA Sanctioned Tournament and it should be a good one!

Summer Hours

The Summer hours for BETC go from June 1st through August 31st:

Mon/Wed/Fri	8:00 AM - 9:30 PM
Tues/Thurs	6:30 AM - 9:30 PM
Sat/Sun	8:00 AM - 9:30 PM

In the event there are no reservations scheduled, the club may close earlier or open later than the hours shown above.

The Best of BETC!

Something Fun and New

We would like for you to nominate another member who you think is the best at some particular shot in tennis....Who has the best forehand, backhand or spin serve? Who has the best touch, drop shot or is a human backboard getting everything back? Make up your own categories and we'll list all those members next month. Please send nominations to janet@betconline with a subject line of the "The Best at BETC".... No rules - enjoy and have fun with it!



Members, here's a heads up for our fantastic summer junior schedule (July and August) of tennis teams, workouts and lessons! The club is offering special summer teams for players of virtually all levels:

Beginner - Rookies I (ages 6-10) Monday/Wednesday 2-3:30pm, and Rookies II (ages 11-18) Wednesday 3:30-5pm/Friday 2-3:30pm.

Intermediate - A's (ages 11-18) Tuesday- Friday 11-12:30pm

Advanced - Champs (ages 11-18) Tuesday- Friday, 12:30-2pm

Regardless of level, players will get to intensively train daily with BETC's USPTA certified staff, participate in match play against other teams in the Auburn Valley Jr. Tennis League and receive a cool team t-shirt. Note: if you are looking to increase your court time and gain more valuable playing experience, we now offer two match play work shops for A's (one runs Tuesday/Thursday 12:30-2pm and the other runs Wednesday/Friday 12:30-2pm), and two for Champs (one runs Tuesday/Thursday 2-3:30pm and the other runs Wednesday/Friday 2-3:30pm). Players participate in singles and doubles scrimmage match play under the coaching of former US junior champion JJ Jackson!

Besides these BETC summer teams, we offer over three- dozen other classes for juniors of all levels to participate in. Feel free to pick up a lesson brochure for a list of all the class times and dates at the front desk! Contact the pro of each class you are interested in to register.



Junior Lesson Program

Level 1- Beginner

A	Sat	10 - 11 am	4-6 yrs
B	Sat	11 - 12 pm	5-8 yrs
BB	Sat	11 - 12 pm	8-12 yrs
C2	Sun	9 - 10 am	12-18 yrs

Level 2 - Intermediate

D	Sat	12 - 1 pm	6-9 yrs
E	Sat	9 - 10 am	8-12 yrs
G	Fri	6:30 - 8 pm	12-18 yrs
H	Sat	10 - 11 am	12-18 yrs
C	Sun	10 - 11:30 am	12-18 yrs

Level 3 - Advanced Intermediate

L	Mon/Wed	5 - 6:30 pm	8-12 yrs
M	Sat	12 - 1:30 pm	8-12 yrs
N	Mon 3:30-5/Fri	5 - 6:30 pm	12-18 yrs
O	Thurs	3:30 - 5 pm	12-18 yrs
P	Fri	8 - 9:30 pm	12-18 yrs
P2	Sat	6:30 - 8 pm	10-14 yrs
	Sun	1:30 - 3:00 pm	
J	Sun	11:30 - 1 pm	12-18 yrs

Level 4 - Advanced

Q	Mon	7 - 8:30 pm	12-18 yrs
R	Tues	3:30 - 5 pm	12-18 yrs
S	Tues	8 - 9:30 pm	12-18 yrs
T	Wed/Fri	3:30 - 5 pm	12-18 yrs
U	Wed	6:30 - 8 pm	12-18 yrs
V	Thurs	8 - 9:30 pm	12-18 yrs
W	Sat	3:30 - 5 pm	12-18 yrs
X	Sat	6:30 - 8 pm	12-18 yrs
Y	Sun	8 - 9:30 pm	12-18 yrs

Level 5 - Elite

Z	Tues / Thurs	8-9:30/5-6:30 pm	12-18
Z1	Fri	6:30 - 8 pm	12-18 yrs
Z2	Tues/Thurs	3:30-5 pm	12-18 yrs

Lesson Programs

Submitted by Allan Overland, Head Professional

Junior Results

Submitted by Bill Bartlett, Head Assistant

The Boeing Employees Tennis Club had 45 juniors qualify for district High School tennis tournaments. This is the most the BETC has ever had and is likely unmatched by any club in the Pacific Northwest. These tournaments determine which juniors will represent their high school in the Washington State High School tennis tournaments. Of the 44 district qualifiers 28 juniors made it to State. Way to go juniors!

Max Manthou won his fourth West Central 4A Boys District singles tournament. Alyssa Nagai and Tess Manthou won the West Central 4A Girls Doubles tournament.

Angela Chen won the KingCo 4A Girls District singles tournament as a freshman and Jasmine Singh won the doubles title. Steven Miyauchi and Zach Chen won the KingCo 4A Boys District doubles tournament. Andrew Lacava and Jason Bediones won the Seaking 4A Boys doubles tournament. Nathan Anderson won the 2B Boys singles district title.

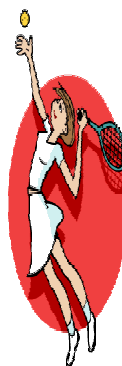
The following juniors also qualified for State: Amie Vo, Dragos Puscalau, Jordan Smith, Alisa VanGrunsvan, Tyler VanGrunsvan, Eliana Spero, Niki Skinner, Matt Overland, Vineeth Omkaram, Garrett Ballou, Tucker Siegert, Alex Noyes, Sahil Diwan, Vincent Lin, Maggie Henderson, Molly Henderson, Felicia Doubeck, and Mitchell Thorp.

The following juniors qualified for Districts: Alex Quackenbush, Madison Holdaas, Sydney Codd, Chloe Miller, Amber Eastham, Dean Kamplaine, Carter Lim, Boris Oks, Adrien Villanueva, Will Desmond, Sara, Lin, Jasmine, Ahyat, Alissa Lee, Cole Jeter, Taylor Welch and Braden Muraki.



Adult Lesson Programs:

Sunday	4:30 - 5:30 pm	Beginner 1.0-2.0
Monday	12:30 - 1:30 pm	Advanced Beginner 2.0-2.5
Sunday	3:30 - 4:30 pm	Advanced Beginner 2.0-2.5
Monday	11- 12:30 pm	Intermediate 2.5-3.0
Monday	6 - 7 pm	Intermediate 2.5-3.0
Sunday	1 - 2:30 pm	Intermediate 2.5-3.0
Monday	5 - 6 pm	Advanced Intermediate 3.0-3.5
Tuesday	12:30-1:30 pm	Advanced Intermediate 3.0-3.5
Tuesday	7 - 8 pm	Advanced Intermediate 3.0-3.5
Wednesday	12:30-2 pm	Advanced Intermediate 3.0-3.5
Saturday	8 - 9 am	Advanced Intermediate 3.0-3.5
Saturday	1 - 2:30 pm	Advanced 3.5 & up Wimbledon Workout



Suggestions or ideas?... What's a great tip for a forehand slice or does that leaky faucet need fixing?... Just a couple of silly examples of suggestions that we could or should hear....Please send an email to Janet or Allan at the links provided (janet@betonline.net - allan@betonline.net) or go to the website and fill out the form - www.betonline.net/contactus.php

**Wallyball Wednesday's -**

Come join us at 11:30 every week for a great workout in a game very similar to volleyball!

Continued from page 1 - "Tennis Tip from Bill Bartlett"

The pros also have an elongated contact point on their short angled shots. They use a three-ball vertical hitting zone for these short angled shots. To execute a successful short angled shot imagine three tennis balls connected to each other in a vertical line. As you strike up at the ball through the three-ball vertical hitting zone you will keep the ball on your strings longer. This will create more topspin and give you more control. The topspin will make the ball land shorter. This is just what you need for a short angled shot. The benefit of this shot is twofold. One is to pull your opponent off the court during baseline rallies. The other is to be able to hit better passing shots by keeping the ball at your opponent's feet.

To be a more complete player learn to elongate your contact point by keeping the ball on your strings longer. Hit deep by hitting through the three-ball horizontal hitting zone. Strike up at the ball hitting through the three-ball vertical hitting zone to create short angled shots. You will then be pleased with your ability to keep your opponent back with deep shots or make him run with short angled shots.

Steve Kono - Thank you!

We just want to give a shout out to member Steve Kono! Over the years Steve has served on the board, volunteered on several scheduled projects or coordinated a league. Currently besides running the Thursday singles league, Steve is coordinating our new introductory league which is on Friday nights at 6:30. So, thank you Steve - we appreciate you! If you are new to the club and want to participate in this 1.5 - 2.5 league, please give Steve a call - 253-653-5310.

Racquetball!

If you have an interest in racquetball but do not know where to get started, please phone Larry Kucera at 206-662-7452. Currently there is an intermediate level league on Monday night and a challenge court group on Thursday night. For more information, please call Larry. WOW - What a great sport racquetball is!

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