



REPORT

Court



January 2009
Volume 15 Issue 1

www.betconline.net

253-872-5545

J Sez

Submitted by Janet Best, Manager

Happy New Year!

As you will recall, in October we distributed a survey asking how you participate at BETC and what recommendations you would make to improve that participation. As a result of your responses, staff has listed recommendation that they would make and they are shown on page 3 of this newsletter. Your input and comments have been heard so we wanted to let you know how we plan to act on them.

Thank you very much for your holiday food bank donations. As a result of your generosity, we delivered over 250 pounds of food.

The winter league season will begin on Saturday, January 3. If you are new or have even been around a bit and would like information about leagues, please contact Dee Dee Fisher at 253-872-5545 ext 24 and she'll help you out.

Our 17th Annual Doubles Club Championship tournament is coming up later this month. You will notice an entry from elsewhere in this issue and we hope you are able to participate!

Come join me on Wednesdays at Noon for Wallyball! Just show up and we'll have fun!

Last month we experienced a lot of snow fall causing numerous issues with tournament times, reservations and lessons. Next time the snow hits, please check our website for information about our hours and announcements. We update information on that site often. Thank you.

Tennis Tip

Submitted by Bill Bartlett, Head Assistant

The Toss

The serve is the most important shot in tennis. The tempo of every point is decided by the effectiveness of your serve. Most tennis pros would agree that the toss is the most important factor in determining the outcome of the serve. Poncho Gonzales was considered to have one of the greatest serves of all time. His toss was so good that he could serve blind folded. I would like to give you some of the tips I have learned over

the years on the toss.

One important tip I learned on the serve was from a book by Poncho. He said that your tossing arm should never go up and down at the beginning of your serve. I often catch many club players doing this at the beginning of their serve. This up and down movement of your tossing arm will create too much momentum of your tossing arm. As a result your tossing arm will be traveling too fast causing your toss to be either too high or out of control. There are three ways in which you can start your serve correctly. You can use the John McEnroe style of starting with your tossing arm completely down and straight. You would then slowly sweep your tossing arm up. You can also use the Pete Sampras style, starting with your tossing arm at waist height and slightly bent. From this bent position you would straighten your arm as you raise it up. The third way of starting would be with your arm at waist level like Pete Sampras, and then slowly drop it down. Once your arm is straight and down, then you would slowly sweep it up. All three of these tossing methods avoid the up and down syndrome of the toss.

It is also important that your tossing arm is moving slowly and is completely straight as you are releasing the ball during the toss. A slow sweeping motion of your tossing arm will force you to stretch your tossing arm up more. This will help you to get more shoulder rotation. Think of the tennis ball as a glass of water, and that you need

Continued on the following page

From the Board

The board wants to thank the staff and membership for another great year at BETC. These last two weeks have put everyone to the test as far as the weather goes. We hope everyone survived. We know our new roof did. According to our 10 year major maintenance and capital plan, projects for 2009 will include resurfacing of the tennis courts. The plan may also include replacing some backdrops, painting courts 3,4 and 7 walls, rebuilding a roof top exhaust fan, replacing the gas fired hot water tanks, and restriping the parking lots. Have a great and safe New Year.

Bill Bartlett Tip continued from page 1 to place the glass of water on a high shelf. Make sure your tossing arm is pointing toward the net post as you raise your arm. This will also help you get more shoulder rotation and more power.

Finally to achieve more power and control on your serve, practice your toss. Avoid the up and down syndrome of the toss. Imagine you are reaching up to the top shelf with your glass of water and make sure your tossing arm is pointing toward the net post. You will then become much more effective at reaching your potential on your serve.

Interclub Activities

Provided by Staff Member Margaret Fain

USTA News

Teams are currently being formed for the 2009 season of USTA adult league. Team confirmation forms for the teams that play mid-week are due in the middle of January. If you are interested in playing on a USTA adult team, you can let Janet Best or DeeDee Fisher know.

Cup News

Cup tennis is still going strong and continues into March. Our Emerald Cup and Classic Cup teams are in the top quarter of their divisions. Emerald Cup player Karen Williams is now 5-1, which is not too shabby! On Classic Cup, Dina Benedetti is now 8-3 and Nancy Lockett is 6-1, with one tie. As partners, Gail Jenkins and Cindy Seims are now 8-0 and probably not the combo other teams hope they get to play against. Our Rainier and Challenge Cup teams are in the middle of the pack. As partners, Nona Allison and Gloria Long are 4-0 on Rainier. Kingco competition remains tough, but our ladies are holding their own and are lots of fun to watch on Fridays. Stop by the club to see for yourself.

Cup Matches at BETC:

<u>Date</u>	<u>Time</u>	<u>Team</u>
Thursday, Jan. 8	11:00 am	Rainier
Friday, Jan. 9	12:30 pm	Kingco
Tuesday, Jan. 13	12:30 pm	Challenge
Thursday, Jan. 15	11:00 am	Rainier
Friday, Jan. 16	12:30 pm	Kingco
Tuesday, Jan. 20	12:30 pm	Challenge
Friday, Jan. 23	12:30 pm	Kingco
Tuesday, Jan. 27	12:30 pm	Challenge
Thursday, Jan. 29	11:00 am	Rainier
Friday, Jan. 30	12:30 pm	Kingco
Thursday, Feb. 5	11:00 am	Rainier
Friday, Feb. 6	12:30 pm	Kingco



Junior News

Submitted by Bill Bartlett, Head Assistant

Congratulations to Josh Jeter and Travis Hanley for being picked as the academic players of the week for Auburn High School. They will be featured on King 5 TV January 11 during the 10pm news "Sports Blitz High School Game Time". They both have close to 4.0 GPA's and had outstanding high school tennis records. The club is proud of our many juniors that excel in attitude, academics, sportsmanship and talent. We have over 100 juniors participating in our program who are improving at a rapid rate that are polite, respectful and a pleasure to be around. Way to go juniors!

We also have many nationally ranked juniors who excel in academics and attitude. Recently Angela Chen reached the quarter-finals of the USTA National open at Irvine California. She lost a close three set match after winning three solid matches.

Bally Olympia Champs Tourney - Congratulations to Amie Vo who won the girls 16 singles. Steven Miyachi reached the final of the boys 16 singles and Vivian Glozman won the girl's 12 singles consolation event. These juniors participated: Nathan Anderson, Cole Jeter, Tamilla Vaksman, Karina Vaksman and Josh Jeter.

BETC League Information

Submitted by Dee Dee Fisher, Member Services

Happy New Year! The Winter leagues are just getting underway and the Doubles Club Championship tournament is fast approaching. We also have some new events planned for this year.

One of the first new events to start will be the Friday Night Mixers. More information about the Mixers is included in this newsletter. We have several Mini Tournaments planned as well. These will be one day tournaments using Pro-set scoring in most cases. Each will have a theme of their own. Some examples are a Family, a Wood Racket, a Century and a Davis Cup tournament. Also, new this year will be an Activity Board full of information to help keep you informed of the activities here at BETC. The board will be located in the mezzanine and will provide BETC's USTA team schedules and results, a calendar of events to help you plan, and more detailed information about upcoming events at the club.

Please contact me at deedee@betconline.net

continued on next page

BETC League Information - continued from page 2
or 253 872 5545 x 24 if you have any questions
about the activities or would like help getting in-
volved.

Doubles Club Championship

The 17th Annual Doubles Club Championship will take place Jan 30th-Feb 1st and Feb 6th – 8th. Based on the survey results, a few changes have been made. We have restructured the juniors to a 16 and under and a 12 under events. You now must be 17 to enter the Adult events. The mixed doubles format has also been changed to reflect the current USTA format of 5.0, 6.0, 7.0, etc. (Partners can be no more than 1 rating level apart).

The Adult .5's, the Jr events, and the Mixed 5.0, 7.0 and 9.0 will be held Jan 30th – Feb 1st. The Adult .0's and the Mixed 6.0, 8.0 and 10.0 will be held Feb 6th – 8th.

An entry form is included with this newsletter. Entry forms are also available at the club, at our website, and the USTA tournament website as well. Please contact Dee Dee Fisher at 253 872 5545 x 24 if you have any questions.

The cost is \$36 per team and includes a minimum of two matches, a T-shirt, food, the chance to have your name engraved on the perpetual plaque and a whole lot of FUN. I hope you will join us!

Mixed Doubles Mixers

Mixed Doubles Mixers will be held Friday nights at 6:30pm. The 1st and 3rd Friday of the month will be 5.0-7.0 levels and the 8.0-10.0's will play the 2nd and 4th Friday. Sign up sheets are located on the Activity Board and sign-ups are on a weekly basis. **You do not have to sign up with a partner.** Steve Kono has volunteered to coordinate the 1st and 3rd Fridays. Please Contact Dee Dee Fisher at 253 872 5545 x 24 if you are interested in coordinating the 8.0-10.0 group.

Membership Participation Survey Results

As a result of the membership participation survey in October, staff has proposed to the

Board of Directors that the following steps below be implemented. As you will notice within this publication, many of the steps are already taking place.

Tournaments

- 1) Increase the minimum age of juniors for competing in the holiday tournaments.
- 2) Add three new seniors 50 & over doubles categories.
- 3) Change the t-shirt design.
- 4) Send entry forms out with the newsletter.

Club Socials

- 1) Make additional effort to separate levels better (note: this is possible with more pros attending).
- 2) Consider holding socials at different times/days.
- 3) Feature more theme based ideas.
- 4) Expand the PR.

Lesson Program

- 1) As desired, provide coaching to our Cup and USTA Teams.
- 2) Provide more stroke specific clinics.
- 3) Try more lessons/special events for 4.0 & up levels.
- 4) Try some senior skill level classes during the day.
- 5) Offer more doubles instruction/strategy sessions.
- 6) Utilize video analysis more during lessons.
- 7) Offer more classes emphasizing fitness-for both adults and juniors.

Leagues

- 1) Ask the coordinators to provide league format information/rules that can be posted.
- 2) Remind the league coordinators to use byes/splits whenever possible so that more members are included in the leagues.
- 3) Continue to post at the club, include in newsletter and email league sign up information.
- 4) Email the league coordinators a list of the miscellaneous comments to make them aware of the members' perceptions, etc.

USTA Teams or Cups

- 1) Continue posting schedules in the Newsletter.
- 2) Use the sign up board to post USTA team information and results.
- 3) Continue to work towards more pro availability for the adult members of the club that represent BETC on USTA and Cup teams.
- 4) Maintain a list of interested players who want to be on a team.

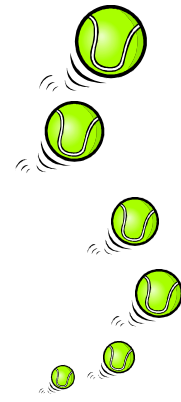
Miscellaneous

- 1) Start Mixed Doubles on Friday nights. (6.0-7.5 on 1st and 3rd, 8.0 + on 2nd and 4th).
- 2) Plan mini tournaments like Family, Mixed or Senior tournaments using pro set scoring.
- 3) Post a Quarterly Calendar of Events to help members plan.
- 4) Post a sign up sheet for members looking for a match.

Lesson Programs

Adults -

Feb 1 - 22	Sunday	4 - 5 PM	\$43.30	Beginner 1.0-2.0
Feb 2- 23	Monday	12:30-1:30	\$54.10	Advanced Beginner 2.0-2.5
Feb 1 - 22	Sunday	3 - 4 PM	\$43.30	Advanced Beginner 2.0-2.5
Feb 2 - 23	Monday	11-12:30 PM	\$77.10	Intermediate 2.5-3.0
Feb 2 - 23	Monday	6-7 PM	\$43.30	Intermediate 2.5-3.0
Feb 3 - 24	Tuesday	9:30-11AM	\$77.10	Intermediate 2.5-3.0
February	Wednesdays	11 - 12 PM	\$12.60/day	Intermediate 2.5-3.0
Feb 1 - 22	Sunday	1- 2 PM	\$43.30	Intermediate 2.5-3.0
February	Mondays	9:30 - 11AM	\$18/day	Advanced Intermediate 3.0-3.5
Feb 2 - 23	Monday	5 - 6 PM	\$43.30	Advanced Intermediate 3.0-3.5
Feb 3 - 24	Tuesday	7 - 8 PM	\$43.30	Advanced Intermediate 3.0-3.5
February	Thursdays	9:30-11AM	\$18/day	Advanced Intermediate 3.0-3.5
February	Fridays	11 - 12PM	\$12.60/day	Advanced Intermediate 3.0-3.5
Feb 7 - 31	Saturday	8 - 9 AM	\$43.30	Advanced Intermediate 3.0-3.5
Feb 1 - 22	Sunday	4:30 - 6PM	\$77.10	Advanced Intermediate 3.0-3.5
Feb 3-24	Tuesday	12-1PM	\$54.10	Advanced 3.5 & up
February	Wednesdays	11-12:30PM	\$18 /day	Advanced 3.5 & up
February	Saturdays	1-2:30PM	\$18/day	Advanced 3.5 & up



Juniors - Beginner

Feb 7-28	Saturday	10-11 AM	\$43.30	Level 1	4-6 yrs
Feb 7-28	Saturday	11-12 AM	\$43.30	Level 1	5-8 yrs
Feb 7-28	Saturday	11-12 AM	\$43.30	Level 1	8-12 yrs
Feb 1-22	Sunday	10-11 AM	\$43.30	Level 1	12-18 yrs

Intermediate

Feb 7-28	Saturday	12-1 PM	\$43.30	Level 2	6-9 yrs
Feb 7-28	Saturday	9-10 AM	\$43.30	Level 2	8-12 yrs
Feb 6-27	Friday	6:30-8 PM	\$61.60	Level 2	12-18 yrs
Feb 7-28	Saturday	10-11 AM	\$43.30	Level 2	12-18 yrs
Feb 1-22	Sunday	10-11:30 PM	\$61.60	Level 2	12-18 yrs

Advanced

Feb 2-25	Mon/Wed	5-6:30 PM	\$113.40	Level 3	8-12 yrs
Feb 7-28	Saturday	12-1:30PM	\$61.60	Level 3	8-12 yrs
Feb 7-28	Saturday	6:30-8PM	\$141.80	Level 3	10-14 yrs
Feb 2-27	Mon 3:30-5 PM/Fri	5-6:30 PM	\$113.40	Level 3	12-18 yrs
Feb 5-26	Thursday	3:30-5:00 PM	\$61.60	Level 3	12-18 yrs
Feb 6-27	Friday	8-9:30 PM	\$61.60	Level 3	12-18 yrs
Feb 1-22	Sunday	11.30-1PM	\$61.60	Level 3	12-18 yrs
Feb 4- 25	Sunday	3-4:30PM	\$77.10	Level 4	10-14 yrs
Feb 2- 23	Monday	7-8:30 PM	\$77.10	Level 4	12-18 yrs
Feb 3-24	Tuesday	3:30-5:00PM	\$77.10	Level 4	12-18 yrs
Feb 3-24	Tuesday	8-9:30 PM	\$77.10	Level 4	12-18 yrs
Feb 4-27	Wed/Fri	3:30-5 PM	\$141.80	Level 4	12-18 yrs
Feb 4-25	Wednesday	6:30-8 PM	\$77.10	Level 4	12-18 yrs
Feb 5-26	Thursday	8-9:30PM	\$77.10	Level 4	12-18 yrs
Feb 7-28	Saturday	3:30-5 PM	\$77.10	Level 4	12-18 yrs
Feb 7-28	Saturday	6:30-8 PM	\$102.70	Level 4	12-18 yrs
Feb 1-22	Sunday	8-9:30 PM	\$77.10	Level 4	12-18 yrs
Feb 3-26	Tues 8-9:30 PM Thurs	5-6:30PM	\$189.00	Level 5	12-18 yrs
Feb 5-19	Fridays	6:30-8PM	\$18.00/day	Level 5 workout	12-18 yrs
Feb 3-26	Tues/Thurs	3:30-5PM	\$189.00	Level 6	12-18 yrs



Racquetball Area Weekly Events

Monday - Intermediate Racquetball

League runs from 4:30-7:30 pm.
Contact Larry Kucera for more
Information - 206-241-4835

Tuesday - BEVA (Boeing Employees Volleyball Assn) Open Wallyball
Times - Noon or 4pm



Wednesday - BETC Open Wallyball at Noon - AKA Wallyball
Wednesdays with Janet

Beginning/Intermediate Racquetball - The goal is to have fun and exercise - Contact Maria Wilson at gotomaria@aol.com.

Thursday - BEVA (Boeing Employees Volleyball Assn) Open Wallyball Times - Noon or 4pm.

Intermediate Racquetball - League runs from 4:00 pm-7:00 pm - Contact David Lucas for more information - 206-655-0336

Friday - Court time or Wallyball time is available all day!

Saturday - BETC Open Wallyball Time at Noon

Sunday - Court time or Wallyball time is available all day!

17th ANNUAL - DOUBLES CLUB CHAMPIONSHIP TOURNAMENT

TOURNAMENT INFORMATION:

Dates: January 30 - February 1 - 2.5, 3.5, 4.5, 12 and under, Mixed 5.0, 7.0, 8.0 Events
February 6 - 8 - 3.0, 4.0, 5.0, 16 and under, Mixed 6.0, 8.0, 10.0 Events

Eligibility: Tournament is open to only active BETC members. **Entry fee is \$36.00 per team per event.** Use one entry form per event. Entry fees must accompany all entries; one entry form per person please.

Format: The tournament will be held over two separate weekends. Players may enter up to two events per weekend. All events are "First Match Consolation" format unless posted otherwise. Please note: Players must be available to play their scheduled match times.

Choosing an event:

1. Members must enter at their USTA rating.
2. Members without a USTA rating must enter events at their club rating.
3. Members without either a USTA or club rating should contact the tournament director.

(Note: Members may also play up a division but not down). The tournament director has the option to place teams in events other than the one they sign-up for.

Draws and Check In:

Players are responsible for finding out their time of play. **Draws will be posted at 6 PM on Tues day, January 27, for the first weekend and on Tuesday, February 3, at 6 PM for the second weekend.** Play will begin at 5 PM Fridays and at 9:30 AM on Saturday and Sundays. Players must check in 15 minutes prior to starting time. Defaults will be made 15 minutes after scheduled starting time. The tournament director has the option to combine any event with fewer than 3 entries. Refunds will not be given after the draw is posted.

Scoring: All matches will be best 2 out of 3 sets with a 12 point tie breaker at 6-all. **Regular Scoring will be used for matches in the main draw. No-Ad Scoring will be used for all consolation matches.** Tennis balls will be provided for all matches.

Awards and T-Shirts:

All players will receive a T- Shirt for entering the tournament.
All Club Champions will have their names placed on the BETC perpetual plaque.

Entry Deadlines: 8 PM Thursday, January 22 for 2.5, 3.5, 4.5, 12 & under and Mixed 5.0, 7.0, 9.0 events
8 PM Thursday, January 29 for 3.0, 4.0 5.0, 16 & under and Mixed 6.0, 8.0, 10.0 events.

=====ENTRY FORM===== ENTRY FORM=====ENTRY FORM=====

Drop entry off at front desk or mail entry to: BETC Doubles Championship, PO Box 986, Kent, WA 98035

Members Name _____ Email _____

Daytime Phone _____ Evening Phone _____

Partners Name _____ Email _____

Daytime Phone _____ Evening Phone _____

In the event area, place an X by the event (s) you want to enter.

January 30 – February 1 Events - Deadline: Thursday, January 22, 8 PM

<u>Men's Events</u>	<u>Women's Events</u>	<u>Mixed Events</u>
_____ 2.5 (C Level)	_____ 2.5	_____ 5.0
_____ 3.5 (BB Level)	_____ 3.5	_____ 7.0
_____ 4.5 (AA Level)	_____ 4.5	_____ 9.0
_____ Boys 12 & under	_____ Girls 12 & under	_____ 12 & under

February 6 -8 Events - Deadline: Thursday, January 29, 8 PM

<u>Men's Events</u>	<u>Women's Events</u>	<u>Mixed Events</u>
_____ 3.0 (B Level)	_____ 3.0	_____ 6.0
_____ 4.0 (A Level)	_____ 4.0	_____ 8.0
_____ 5.0 (Open)	_____ 5.0	_____ 10.0
_____ Boys 16 & under	_____ Girls 16 & under	_____ 16 & under

RELEASE OF DAMAGES - 2009 Doubles CC

I wish to participate in the Doubles Club Championship tennis tournament, sponsored by the Boeing Employees Tennis Club ("Club"), a Boeing Recreation Club. I RECOGNIZE THAT THIS CLUB ACTIVITY WILL INVOLVE CERTAIN RISKS AND DANGERS, BOTH KNOWN AND UNKNOWN. I certify that I am aware of the inherent risks of said activity, including but not limited to: inadequate safety equipment, miscalculations, inexperience, improper training, equipment malfunctions, human error, accidents or illness in areas without medical facilities, the forces of nature, and the actions of any other members, any participants or any other persons, all of which may result in personal injury, death, property damage and other losses.

In consideration for the right to participate in this Club activity, I HEREBY RELEASE THE CLUB, INCLUDING ITS DIRECTORS, OFFICERS, INSTRUCTORS AND MEMBERS, AND THE BOEING COMPANY, INCLUDING ITS DIRECTORS, OFFICERS, AND EMPLOYEES, FROM ANY AND ALL LIABILITY, CLAIMS AND CAUSES OF ACTION ARISING OUT OF OR IN ANY WAY CONNECTED WITH MY PARTICIPATION IN THIS CLUB ACTIVITY. I PERSONALLY ASSUME ALL RISKS IN CONNECTION WITH THIS ACTIVITY, AND FURTHER AGREE TO INDEMNIFY THE CLUB AND ITS DIRECTORS, OFFICERS, MEMBERS AND INSTRUCTORS, AND THE BOEING COMPANY AND ITS DIRECTORS OFFICERS, AND EMPLOYEES FROM ALL LIABILITY, CLAIMS AND CAUSES OF ACTION WHICH I MAY HAVE ARISING FROM MY PARTICIPATION IN SAID CLUB ACTIVITY. The terms of this agreement will also serve as a release and indemnity agreement for my heirs, personal representative(s) and for all members of my family.

I further state that I am eighteen (18) years of age or older and legally competent to sign this release that I understand these terms are contractual and not a mere recital, and that I have signed this document as my own free act.

I understand that this Agreement waives important legal rights, and I acknowledge that I have fully informed myself of the contents of this Agreement by reading it before signing it.

Signature of Entrant _____ Date _____

**Boeing Employees
Tennis Club
P.O. Box 986
Kent, WA 98035**

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Address Service Requested

Included within this publication:

- Participation Survey Results
- 17th Annual Doubles Club Championship and Entry Form
- The Toss - Tip from Bill Bartlett
- Mixed Doubles Mixers!

Welcome New Members!

Please join us in welcoming the following new members:

Tatyana and Artem Mishurova, Mouyoung Cho, and Joe le and Sior Tan all new Share members. Ling Wu, James and Joon Kim, and Ming Voung new Associates. Kristen Farnam, Erin and Kara Russell, Tyler Brown, Paul Hendrie, Benjamin and Philip Huang, Drew Clements, Haley and Chris Zeylmaker all new Junior Affiliates. And Ruchi Diwan and Gary Smith who are new B330's.

Membership Availability

The waiting list for the Associate membership has 11 prospective members. The junior membership is open as is the B330 and the of course the Share membership. All racquetball/handball membership programs are open.

2008 Board Members:

President	Ed Baker Edwin.T.Baker@Boeing.com	206-544-0451
Vice Pres.	Shannie Presuhn allicatt@msn.com	253-887-8486
Treasurer	Linda Knapp Linda.S.Knapp@Boeing.com	206-662-3805
Secretaries	Paul Kartinen kartinen2@netzero.net Chuck Hilsinger cekahilsinger@msn.com David Curry David.M.Curry@Boeing.com Jim Hornsby james.k.hornsby@boeing.com	253-939-8655 206-244-1588 253-657-7687 253-740-2764

Club Contact Information:

Club Phone:	253-872-5545 Front Desk Ext 1
Manager:	Janet Best - Ext 22 - janet@betconline.net
Head Pro:	Allan Overland - Ext 31 - allan@betconline.net
Mbr Services:	Dee Dee Fisher - Ext 24 - deedee@betconline.net
Bkkppr:	Joanne Hanada - Ext 23 - joanne@betconline.net
The Fax #:	253-872-9297
Our Website:	www.betconline.net
US Mail:	P.O. Box 986 - Kent, WA 98035
Boeing Mail Code:	85-45

