



REPORT

Court



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Submitted by Janet Best, Manager

By the time you receive this newsletter, the Doubles Club Championship will be half over. While the results of this 17th Annual Club Championship will be shown in the March newsletter you might check out the tournament display board at the far end of the mezzanine in the meantime. Results from the draws and pictures of our newest Champions will be posted there. Here is one last hurrah for the 2008 Doubles Club Champions:

- Men's 5.0 - Jon Campbell/Lawrence Chan
- Men's 4.5 - Luyang Gai/Zack Ahyat
- Women's 4.5 - Jennifer McIntosh/DeeDee Fisher
- Mixed 4.5 - Matt and Mary Rorvik
- Men's 4.0 - Benny Vilorio/Michael Ahn
- Women's 4.0 - Dee Dee Fisher/Debbie Herron
- Mixed 4.0 - Spencer Herron/Debbie Herron
- Men's 3.5 - Tom Tran/Jimson Tran
- Women's 3.5 - Jenny Chung/Gloria Long
- Mixed 3.5 - Steve Erickson/Vivian Nagai
- Men's 3.0 - Jason/Justin Rodjanapornyakul
- Women's 3.0 - Chris Takami/Shana Curran
- Mixed 3.0 - Steve and Kara Ikeda
- Women's 2.5 - Molly Henderson/Kara Usher
- Mixed 2.5 - Dean and Kumiko Kamplaine
- Junior Boy's - Samuel Bayna/Vincent Vilorio
- Junior Girl's - Kyana Esber/Madalyn Turek
- Junior Mixed - Kimmy Williams/James Dugan

This summer we plan on resurfacing all 9 tennis courts. Instead of doing this over 3 separate weekends as we did the last time, we are going to have it done in one fell swoop. Please mark your calendars now to take a BETC vacation August 10 - 16.

Tennis Tip

Submitted by Bill Bartlett, Head Assistant

How to Volley a Fast Ball

Have you ever wondered how the pros can have such fast exchanges at the net? Where ninety mile an hour shots are hit at them and they in turn hit back these shots for winners. The secret to their success is good technique and athletic ability. You may not have their natural talent but you can learn the technique they use to volley back these hard shots.

There are several techniques the pros

use at the net. These include; use of your non-dominant hand, wrist position, shoulder turn and the cross over step. I would like to pass along some of these to you.

Stephen Edberg had one of the greatest volleys of all time and he made good use of his non-dominant hand. He would place his non-dominant hand on the throat of the racket (the midpoint). This would centralize the weight of the racket. He would move the racket into position mostly with his non-dominant hand while his dominant hand would be relaxed. This enabled him to move his racket faster into position because it is easier to move your racket by moving it at the midpoint than moving it at the handle.

The proper wrist position at the net is to have your wrist up and in a laid back position. You should have the continental grip. You will notice that a wrinkle will form in your wrist. This will show you that your wrist is in the correct position for both your forehand and backhand volley. This will free your mind up from worrying about your grip and wrist position. Then you only have to think about turning your shoulders and the cross over step with your feet.

So use the techniques of the pros on those fast exchanges at the net. Make sure you move your racket into position mostly with your non-dominant hand. Use your continental grip with your wrist up and laid back (wrinkle wrist position). Turn your shoulders quickly and use the cross over step. If you do all this you will be surprised how easy it is to retrieve a hard hit shot at the net.

From the Board

Due to the snowy December weather, the board meeting was cancelled. January will start the beginning of a new year with the newly elected board members. Those members voted in to represent the club for the next two years are: Shannie Presuhn, Jim Hornsby (both re-elected) and Bob Ingersoll. During our first meeting of 2009, we will be conducting business as usual and will proceed with electing new officials for the upcoming year. Results of those elections within the board will be available in the next newsletter. All of us on the Board would like to wish you a Happy New Year!

Interclub Activities

Provided by Staff Member Margaret Fain

USTA Adult Leagues

The weekend teams begin play in February and BETC has 14 teams to watch. Women's captains are Myrna Alquiza (2.5), Kathy Hughes (3.0), Karen Williams (3.0), Diane Euting (3.0), Carolyn Cruzat (3.5), Jan Yu (4.0), Cindy Nomura (4.0), and Ramona Schraeder (4.5). Men's captains are Vinayak Rao (3.0), Jim Thorp (3.5), Bill Sherman (3.5), Dave Renken (4.0), Roger Risch (4.0), and Mike Lockhart (4.5). It looks like we have plenty of good tennis to look forward to playing and watching! BETC also has 2 weekday teams, which usually begin play in March. They are both 3.5 women's level and are captained by Jan Ferrera and Margaret Fain.

Cup Tennis

The Cup season is winding down with only 1/3 of its matches left to play. Our Classic team has moved to 2nd place out of 24 teams after a month of great play. Our Emerald, Rainier, and Challenge and Kingco teams are all in the middle of the pack. On Kingco, where competition is especially tough, Jennifer McIntosh has won 6 of her matches, with 3 losses and one tie.



Cup Matches at BETC in February:

<u>Date</u>	<u>Time</u>	<u>Team</u>
Thursday, Feb. 5	11:00 am	Rainier
Friday, Feb. 6	12:30 pm	Kingco
Thursday, Feb. 12	11:00 am	Classic
Friday, Feb. 13	12:30 pm	Kingco
Tuesday, Feb. 17	12:30 pm	Challenge
Thursday, Feb. 19	11:00 am	Rainier
Tuesday, Feb. 24	12:30 pm	Challenge
Thursday, Feb. 26	11:00 am	Rainier
Friday, Feb. 27	12:30 pm	Emerald

Junior News

Submitted by Bill Bartlett, Head Assistant

The BETC Holiday Classic had close to 40 of our juniors participating. Way to go juniors! BETC juniors won five events. Madalyn Turek won the women's 2.5 and 3.0 events. Lauren Thornquist won the girl's 13 singles in an all BETC final over Genevieve Payzer. Nicola Usher and Kimberly Williams won the women's 2.5 doubles. Matthew Lee won the boy's 13 singles.

These juniors participated: Joe Kwiatkowski, Daniel Cotton, Paul Yi, Frederick Walsh, Kyle

Hendrie, Griffin Wood, Dean Kamplaine, Rahul Raina, James Dugan, Adrian Villanueva, Sam Andres, Henry Ly, Travis Hanley, Alex Yi, Josh James Dugan, Adrian Villanueva, Sam Andres, Henry Ly, Travis Hanley, Alex Yi, Josh Jeter, Kate Ly, Kathryn Dittamore, Megan Dittamore, Julie Williams, Felicia Doubek, Nicole Skinner, Brook Holdaas, Nick Deritis, Andrew Herron, Molly Henderson, Maggie Henderson, Kyana Esber, Cara Usher, Alyssa Nagai, Breanna Esber, Kara Ikeda, Adrian Tabaquin and Anthony Dimittrov.

Olympia Champs Tournament held at Bally Olympia: The BETC had three juniors reach the finals. Congratulations to Nicholas Kamisar who defeated the number one seed in the boys 16 singles final. Angela Chen had a good tournament playing up two age groups and reaching the final of the girls 18 singles losing a close three set final. Joe Kwiatkowski reached the final of the boys 14 singles. These players participated: Tamilla Vaksman, Katrina Vaksman, Zack Elliott, Paul Yi, Thomas Lowes, Steven Miyauchi, Nathan Anderson, and Alan Kwiatkowski.

Challenger Gran Prix Series I held at Sprinker in Tacoma: Wyatt DeMulling played up a division and won the consolation of the boys 14 singles. Jasmine Singh won the consolation of the girls 16 singles. Alex Noyes participated.

BETC League Information

Submitted by Dee Dee Fisher, Member Services

Our Winter leagues are filled to capacity. We have 30 leagues with over 500 participants. Thank you to all the league coordinators for using byes and splits when possible to get more members playing. The sub list for different leagues is a great tool to use if you are looking for more court time. Please contact the league coordinator or me to get placed on the sub list.

Members will be battling it out over the weekends of January 30-Feb 1 and Feb 6-8 to see who will be the 2009 Doubles Club Champions. As much as we'd like to see all of you participating in the tournament, we know some of you would just like to play your weekly match or are looking for a little exercise. Scheduling court times is challenging because of the consolation rounds in this tournament. You may call the front desk to be placed on the waitlist for court time. Please know we will do the best we can to release unused courts and contact anyone on the wait list.

After a two-week break for the tournament, the Friday Night Mixers will start again February 13 with the 8.0-10.0 level teams. More

information and the sign up sheets can be found on the Activity board.

Mark your calendar for the Spring League sign up. They will begin the week of February 23rd. The Activity Board located in the mezzanine is full of information about what is going on at the club. Please let me know if you have any questions or if I can help you get involved with any of the activities.

Mixed Doubles Mixers

Mixed Doubles Mixers will be held Friday nights at 6:30pm. The 1st and 3rd Friday of the month will be 5.0-7.0 levels and the 8.0-10.0's will play the 2nd and 4th Friday. Sign up sheets are located on the Activity Board and sign-ups are on a weekly basis. **You do not have to sign up with a partner.** Steve Kono has volunteered to coordinate the 1st and 3rd Fridays. Please Contact Dee Dee Fisher at 253 872 5545 x 24 if you are interested in coordinating the 8.0-10.0 group.

Lesson Programs

Submitted by Allan Overland, Head Professional

Members, on behalf of the entire BETC staff, I'd like to wish each and every one of you a very happy new year! To help you ring in 2009, we have some more great special events, new workouts and group classes. On Saturday, February 21st, from 6:30-9pm, the pro staff invites members 10 years of age and up to join them for one of our most popular social events of the year, Prince Demo Night. Prince has truly come up with some very new and exciting racquet technology. For 2009, they are introducing an entirely new lineup of frames, the EXO3 line, which represents the next step up from the popular O3 series. Word has it that the racquets offer a truly great combination of power, spin and comfort. In all, there are six brand new EXO3 racquets to try, including a very cool update of one of the most popular racquets of all time, the original Prince graphite now referred to as the Prince EXO3 Graphite 100 (or 93). Knowledgeable Prince rep Erik Lange will be on hand to talk about the frames, and describe which one might be best suited for your game! And racquet guru Dave DeMulling will also be there, and will offer a special one night only promotional discount on any Prince products. As ever, we plan to give away lots of great Prince prizes in the bargain!

Adults, check out these new group classes, taught by our top rated teaching staff:

Allan Overland is running two cardio tennis classes during the week, Wednesdays (2.5 & up) from 11-12pm, and Fridays (3.5 & up) 5-6pm. Jesse Walter will be holding his new "skills and drills" class for players 3.5 & up on Tuesdays, 12-1pm. And JJ Jackson will teach an intermediate group class for players 2.5-3.0 on Tuesdays from 11-12:30pm.

Remember to sign up for these and other great classes and workouts at the front desk ASAP. We'll see you out there!

Holiday Classic Tournament Results

Singles:

Boys: Matthew Lee def James Dugan 6-1;6-0
Girls: Lauren Thornquist def Gigi Payzer 6-3;6-4
Men's Open: Alex VanDerschelden def Joel Kincaid by ret
Men's 2.5: Joseph Bella won in a round robin
Men's 3.0: Tianheng Yao def Rich Musrch 6-1;4-6;7-5
Men's 3.5: Josh Pinyerd def Steve Thomas 6-2;6-2
Men's 4.0: Otis Jackson def Justin Tran 6-2;3-6;6-1
Men's 4.5: Donnie Stallman def John Follis 7-5;6-3
Women's Open Sarah Summerfield def Kim Schaumburg 6-0;6-1
Women's 2.5: Madalyn Turek def Wafa Tafesh 6-2;6-2
Women's 3.0: Madalyn Turek def Julie Williams 6-3;6-3
Women's 3.5: Sydney Codd def Rachel McMilan 6-1;6-1
Women's 4.0: Sandy Dennett def Bonnie Paasche 6-3;6-3

Doubles:

Men's Open: Drew/Joelson def Allen/Miller 6-2;6-1
Men's 3.0: Baker/Baker def Chang/Mursch 6-2;6-2
Men's 3.5: Kim/Chang def Mansfield/Ball 6-7;6-4;6-2
Men's 4.0: Thomas/Johnson def Prunty/Rabara 6-3;6-4
Men's 4.5: Rorvik/Schmid def Stallman/Stallman 6-3;6-4
Women's 2.5: Usher/Williams won in a round robin
Women's 3.0: Papik/Robbins def Esber/Esber 6-4;6-2
Women's 3.5: Esber/Nagai def Cotton/Zorich 6-2;3-6;6-3
Women's 4.0: Yu/Odagiri def Parker/Turner 7-6;3-6;6-1

Mixed Doubles:

Open: Conley/Strieb won in a round-robin

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Included within this publication:

- Holiday Classic Tournament Results
- Classic Cup in 2nd Place
- How to Volley a Fast Ball
- Court Resurfacing Planned for August 10 - 16

Holiday Classic Results continued from page 3

5.0 combined: Dang/Nguyen def Takehara/
Takehara by default

6.0 combined: Yao/Zhang def
Holdaas/Holdaas 6-4;6-4

7.0 combined: Richardson/Wilson
def Nagai/Rabara 6-2;1-6;7-5

8.0 combined: Nagai/Trayford def
Jeter/Williams 6-4;4-6;6-2



Wallyball Wednesdays
It's here!...Come Play!

Every Wednesday at 11:30 and/or 12:30, members are meeting to play wallyball. Wallyball is a variation of volleyball played on the racquetball courts where the side walls are in play. It's been a whole lot of fun - come join us if you can!



2009 Board Members:

Ed Baker	206-544-0451
Edwin.T.Baker@Boeing.com	
Shannie Presuhn	253-887-8486
allicatt@msn.com	
Linda Knapp	206-662-3805
Linda.S.Knapp@Boeing.com	
Paul Kartinen	253-939-8655
kartinen2@netzero.net	
Chuck Hilsinger	206-244-1588
cekahilsinger@msn.com	
Robert Ingersoll	206-772-3351
robertji77@aol.com	
Jim Hornsby	253-740-2764
james.k.hornsby@boeing.com	

Club Contact Information:

Club Phone: 253-872-5545 Front Desk Ext 1
Manager: Janet Best - Ext 22 - janet@betonline.net
Head Pro: Allan Overland - Ext 31 - allan@betonline.net
Mbr Services: Dee Dee Fisher - Ext 24 - deedee@betonline.net
Bkkppr: Joanne Hanada - Ext 23 - joanne@betonline.net
The Fax #: 253-872-9297
Our Website: www.betonline.net
US Mail: P.O. Box 986 - Kent, WA 98035
Boeing Mail Code: 85-45

