

Court REPORT

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www.betconline.net

253-872-5545

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Submitted by Janet Best, Manager

The week of March 3, we will begin league sign-ups for the spring session. For leagues that are held after 3:30 PM any day, the sign-up sheet will be available at 2:00 PM. For any league that is before 3:30 PM, the sign-ups begin at 8:00 AM.

Rules for the leagues:

If the league is skill level specific, meaning that it lists a rating, (3.0, 3.5 etc), a member must have either a USTA or Club rating. USTA ratings are acquired as a result in participation of USTA matches. Club ratings are established by one of BETC teaching professionals. If you have any questions about the league process or how to acquire a Club rating, please phone Dee Dee Fisher at 253-872-5545 ext 38.

A member may participate in only two prime time leagues. Prime time is, Monday through Thursday, 5:00 PM until 9:30 PM.

The process for signing up for junior group lessons will now be completely managed by the pros. The desk had been managing the sign ups for juniors in the level 1 and 2 programs but they will now be combined with the higher level sign-ups. More information will be posted at the club or in the next lesson brochure. Adult group lesson sign-up will still be performed by the front desk on the first Saturday of each month at 8:30 AM.

If you are available during the daytime and don't want to call in for a court week to week, please see the article on page 2 about Block Time.

Court Cards - What are they? Court cards are simply prepaid court time. They are purchased in any ten dollar increment over twenty dollars and may be used for court rental.

Thank you for always checking in at the front desk prior to a court reservation or a private lesson.

Tennis Tip

Submitted by Bill Bartlett, Head Assistant

The "McEnroe Effect" on the
Return Of Serve

Returning serve is one of the most difficult shots in tennis. You can make this difficult shot easy if you remember to apply two important fundamentals.

The first fundamental is the weight transfer. You need to have your body weight moving forward as you are hitting the return of serve. The second fundamental is a short back swing.

You need to have a wide low stance to help you get your body weight moving forward. On a wide serve always make your first step with the leg that is closest to the ball. This step should be a diagonal step toward the net. Take a short back swing as you take your first step.

Once the leg that is closest to the ball hits the ground you need to push off that leg and hit the ball. You will spring forward into the court as you hit the ball. Your other leg will land in front of you for balance. This springing effect into the ball is the key to getting power and control on your return of serve. By the time you have finished your second step you should have moved forward several feet.

John McEnroe was an expert at returning serve. He did not have the best looking strokes. But on his return of serve he did the two most important fundamentals. He had his body weight moving forward into the ball and he used a short back swing.

So the next time you are hitting a return of serve, remember the "McEnroe Effect" (body weight moving forward with a short back swing). You will then be surprised at how many good returns of serve you hit.

From the Board

Welcome to 2008 from the Board of Directors! We are looking forward to a great 2008, with the big project of re-roofing the Club during the summer months. The Roofing Team will continue to look for opportunities for savings as we firm up the bids and select a contractor, but a full report on costs will come out once the selection is made. This year we will be looking for ways we can continue to improve the Club and evaluate the cost structure of the dues and court fees to keep ourselves the most affordable club overall while paying for the increased costs of running the Club.

We hope everyone participated in and enjoyed the Doubles Club Championship Tournament and a special thanks to new Activities Director Dee Dee Fisher for running the tournament!

Interclub Activities

Provided by Staff Member Margaret Fain

USTA Mixed Leagues

The mixed league season is winding down. Jesse Chute's 6.0 team has won its last four matches and has a 4-1 record. As partners, Celia Forrest and Alex Eagleton are off to a good start with a 2-0 record. Michael Nguyen's 8.0 team has won 5 matches in a row after just one loss to start off the season. On that team, Michael is 3-0, Charles Trayford is 4-1, and Vivian Nagai is 3-1. Well done!

CUP Tennis

The lengthy Cup season continues through March. Thanks to the Cup captains, Carrie Bergquist and Pat Bode (Emerald), Dina Benedetti & Nancy Lockett (Classic), Karen Brady Smith (Rainier), Liz Buck and Jan Ferrera (Challenge), and Kathy Hess (Kingco) for organizing their teams throughout the long season.

USTA Season

The USTA season is coming soon. BETC has 14 teams currently registered. Good luck in the coming season.

Block Times Available

Would you like a block time? Block time is prepaid court time. It is usually scheduled in 12 week sessions and is available any weekday before 3:30 PM. Those within a block must all be members of BETC. When scheduling a block time, any days that the group would like to skip are scheduled. The group should expect to support that time frame year-round. Please contact Dave DeMulling at the club for more information and to arrange a block time. Here are the sessions that are currently available.

Monday - 6:30 AM, 8:00 AM, 12:30 PM, and 2:00 PM.

Tuesday - 6:30 AM, 8:00 AM, 9:30 AM, 11:00 AM, 12:30 PM, and 2:00 PM.

Wednesday - 6:30 AM, 8:00 AM, 9:30 AM, 11:00 AM, 12:30 PM, and 2:00 PM.

Thursday - 6:30 AM, 8:00 AM, 9:30 AM, 11:00 AM, and 2:00 PM

Friday - 6:30 AM, 8:00 AM, 9:30 AM, 11:00 AM, 12:30 PM, 2:00 PM

Junior News

2007 Boeing Holiday Classic:
Girls: 13 and under singles: Congratulations to Kyana Esber who

won the event. Madalyn Turek reached the final. Lauren Thornquist, and Maggie Henderson participated.

Girls: 13 and under doubles: Congratulations to Kyana Esber and Madalyn Turek who won the event. Maddie Belmondo, Kimmy Williams, Lauren Thornquist and Maggie Henderson participated.

Boys 13 and under singles: Congratulations to Alan Kwiatkowski who won the event and Samuel Bayna reached the final. Wyatt DeMulling, Henry Smith, Matthew Lee, Jeremiah Bayna, Griffin Welsh, and Rohan Bhat participated.

Boys 13 doubles: Congratulations to Samuel Bayna and Henry Smith who won the event. Wyatt DeMulling and Taylor Welsh finished second and Matthew Lee and Jeremiah Bayna participated. Women's 2.5 singles: Congratulations to Julie Williams who won the event. Molly Henderson reached the final. Chelsea Jamieson participated.

Women's 3.0 singles: Congratulations to Kelsey Hurter who won the event. Kelly Baker, Felicia Doubek and Jessica Price participated.

Women's 3.5 singles: Breanna Esber reached the final. Nicole Himeda participated.

Women's 4.0 singles: Congratulations to Melissa Nguyen who won the event.

Men's 2.5 singles: Congratulations to Andrew Walker who won the event. Dean Kamplaine reached the final. Blaine Peterson, Tyler Galka, and Adrian Villanueva participated.

Men's 3.0 singles: Alex Yi, Samuel Andres, Ryan Walsh, Andrew Walker, Justin and Jason Rodjanapanyakul, Raymond Nacario and Sho Kato participated.

Men's 3.5: Congratulations to Michael Okinaka who won the event. Donald Hall reached the final. Ryan Walsh, Samuel Andres, and Vincent Lin participated.

Men's 4.0: Nick Allen, James Ravotti, Vineeth Omkaram, Mark Ishimitsu, Tucker Siegert, Travis Hanley, and Michael Okinaka participated.

Men's 4.5: Matthew Overland, Joe Kwiatkowski, Anthony Dimitrov, and Taylor Ballou participated.

Women's 3.0 doubles: Breanna Esber reached the final. Molly Henderson, Kara Ikeda, Kelsey Hurter, Alyssa Nagai, Julie Williams, Grace Erickson and Christina Rushton participated.

Women's 3.5 doubles: Kelsey Hurter, Jessica Price, Breanna Esber and Alyssa Nagai participated.

Women's 4.0 doubles: Kimberly Quach and Kendall Bielinski participated.

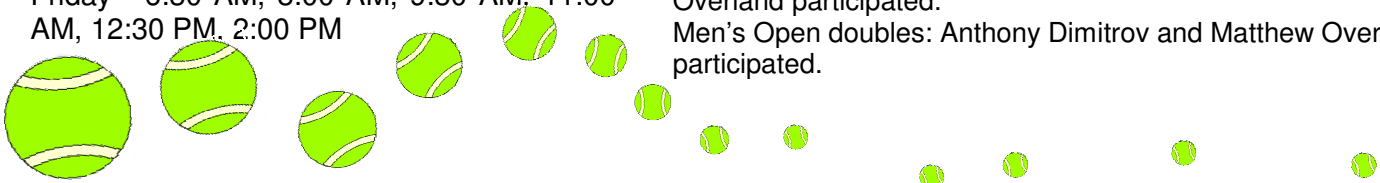
Men's 3.0: Timmy Pham, Dean Kamplaine, Sho Kato, Colton Belmondo and Brook Holdaas participated.

Men's 3.5: Donald Hall, Dean Rupert, Alex Lin, Howard Lin, Tyler Rivers, Colton Belmondo and Jason Rodjanapanyakul participated.

Men's 4.0 doubles: Trevor Takami and Mark Ishimitsu reached the final. Travis Hanley and Josh Jeter participated.

Men's 4.5 doubles: Joe Kwiatkowski, Taylor Ballou and Matthew Overland participated.

Men's Open doubles: Anthony Dimitrov and Matthew Overland participated.



Lesson Programs

Submitted by Allan Overland, Head Professional

Juniors, wouldn't it be fun to spend a night playing tennis and eating pizza? If that sounds fun, come join the pros at the Junior Pizza Party on Saturday, February 16th from 6:30-9:00. It will be a fun night of lots of games and drills and plenty of pizza. The event is

open to all levels of kids ages 8 and up. The cost of \$11 includes tennis, pizza, and pop. Call or stop by the front desk as soon as possible to sign up. Space is limited.

Looking for a brand new Wilson racquet? Looking to win some great prizes? Or are you looking to have a great time playing in lots of great games with your fellow members at a fun potluck social? You can find all of these things and more at our popular, annual Wilson Demo Night, held Saturday, February 23rd, from 6:30-9 pm. Join the entire pro staff along with Dave DeMulling and new Wilson rep Kevin Young (who can both answer any questions you might have about the new Wilson frames) for a great night of tennis and family fun. All members ages 8 years and up are cordially invited. Note: participants will receive a special 10% discount on any Wilson product!

Juniors - Beginner

Mar 1-29	Saturday	10-11 AM	\$53.00	Level 1 4-7 yrs
Mar 1-29	Saturday	10-11 AM	\$53.00	Level 1 8-12 yrs
Mar 2-30 ^(skip23)	Sunday	10-11 AM	\$43.30	Level 1 12-18 yrs

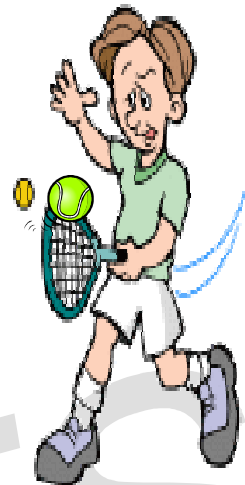
Intermediate

Mar 1-29	Saturday	11-12 PM	\$53.00	Level 2 5-8 yrs
Mar 1-29	Saturday	9-10 AM	\$53.00	Level 2 8-12 yrs
Mar 1-29	Saturday	11-12 PM	\$53.00	Level 2 8-12 yrs
Mar 7-28	Friday	6:30-8 PM	\$61.60	Level 2 12-18 yrs
Mar 1-29	Saturday	10-11 AM	\$53.00	Level 2 12-18 yrs
Mar 1-29	Saturday	11-12PM	\$53.00	Level 2 12-18 yrs
Mar 2-30 ^(skip23)	Sunday	11-12:30 PM	\$61.60	Level 2 12-18 yrs

Advanced

Mar 1-29	Saturday	12-1 PM	\$53.00	Level 3 5-8 yrs
Mar 3-31	Mon/Wed	5-6:30 PM	\$124.80	Level 3 8-12 yrs
Mar 1-29	Saturday	12-1:30PM	\$75.50	Level 3 8-12 yrs
Mar 3-31	Mon 3:30-5 PM/Fri 5-6:30 PM	\$124.80	Level 3 12-18 yrs	
Mar 6-27	Thursday	3:30-5:00 PM	\$61.60	Level 3 12-18 yrs
Mar 7-28	Friday	8-9:30 PM	\$61.60	Level 3 12-18 yrs
Mar 3 - 31	Monday	7-8:30 PM	\$94.40	Level 4 12-18 yrs
Mar 4-25	Tuesday	3:30-5:00PM	\$77.10	Level 4 12-18 yrs
Mar 4-25	Tuesday	8-9:30 PM	\$77.10	Level 4 12-18 yrs
Mar 5-28	Wed/Fri	3:30-5 PM	\$141.80	Level 4 12-18 yrs
Mar 5-26	Wednesday	6:30-8 PM	\$77.10	Level 4 12-18 yrs
Mar 6-27	Thursday	8-9:30PM	\$77.10	Level 4 12-18 yrs
Mar 1-29	Saturday	3:30-5 PM	\$94.40	Level 4 12-18 yrs
Mar 1-29	Saturday	6:30-8 PM	\$125.90	Level 4 12-18 yrs
Mar 2-30 ^(skip23)	Sunday	8-9:30 PM	\$77.10	Level 4 12-18 yrs
Mar 4-27	Tues 8-9:30 PM Thurs 5-6:30PM	\$189.00	Level 5 12-18 yrs	
March	Fridays	6:30-8PM	\$18/day	Level 5 workout 12-18 yrs
Mar 4-27	Tues/Thurs	3:30-5PM	\$189.00	Level 6 12-18 yrs

Registration for these programs began in December 07'. To check availability, please contact the front desk at 253-872-5545 ext 1.



Adults - (Skill level in the far right column)

Mar 2 - 30 ^(skip23)	Sunday	3:30-4:30 PM	\$43.30	Beginner 1.0-2.0
Mar 2 - 30 ^(skip23)	Sunday	2:30-3:30 PM	\$43.30	Advanced Beginner 2.0-2.5
Mar 3 - 31	Monday	12:30-2:00 PM	\$94.40	Advanced Beginner 2.0-2.5
Mar 3 - 31	Monday	9:30-11:00 AM	\$94.40	Intermediate 2.5-3.0
Mar 3 - 31	Monday	6:00-7:00 PM	\$53.00	Intermediate 2.5-3.0
Mar 4-25	Tuesday	11:30-1:00 PM	\$77.10	Intermediate 2.5-3.0
Mar 5 - 26	Wednesday	12:30- 2:00 PM	\$77.10	Intermediate 2.5-3.0
Mar 2 - 30 ^(skip23)	Sunday	12:30-1:30 PM	\$43.30	Intermediate 2.5-3.0
Mar 3 - 31	Monday	11:00-12:30 AM	\$94.40	Advanced Intermediate 3.0-3.5
Mar 3 - 31	Monday	5:00-6:00 PM	\$53.00	Advanced Intermediate 3.0-3.5
Mar 4 - 25	Tuesday	7:00-8:00 PM	\$43.30	Advanced Intermediate 3.0-3.5
Mar 5- 26	Wednesday	11:00- 12:30PM	\$77.10	Advanced Intermediate 3.0-3.5
Mar 1 - 29	Saturday	8:00-9:00 AM	\$53.00	Advanced Intermediate 3.0-3.5
Mar 2 - 30 ^(skip23)	Sunday	4:30-6:00 PM	\$77.10	Advanced Intermediate 3.0-3.5

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Included within this publication:

- Juniors Groups - Levels 1 & 2 will sign-up with 3 - 6.
- Spring league sign-ups begin March 3.
- Block Times Available to daytime players.
- Nguyen's Mixed 8.0 has won the past 5 matches.
- USTA matches begin at BETC in mid February

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New Members!

Please join us in welcoming the following new members to BETC! They include: Emile Allard, Diane and Mark Weiser, Ramsis and Cecilia Adam, Thang Le, Annabelle and Raymond Lucena, Farrett Nelson, and Quyen and Toan Nguyen who are all share members. Jeff Allen, Robert Killian, Dung and Karen Nguyen, Dale and Natalie Nguyen, Jensen and John Nelson, Serena Quynn, Mark and Laurie Andersch who are all associates. Bob and Debbie Jeter, Kelly and Leonard Silva who are our newest B330 members. Matthew Bohman, Jennifer Adams, Daniel Ablog, Jordan Beck, Lucien Gauvin, Mark and Audry Snider, Griffin Wood, Nikhel Grover, Jason and Jerome Bediones, and Brandon Bulaclac who are all new junior affiliates.

Racquetball

Racquetball provides such a great workout opportunity and can be accomplished in just an hour! If you have an interest in racquetball but do not know where to get started, please phone Larry Kucera at 206-655-1630. Currently we are offering leagues on Monday night (intermediate), and Thursday night (intermediate).

2008 Board Members:

President 07'	Ed Baker	206-544-0451
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