

## What should you do if there is an earthquake at BETC?

1. If you are on the tennis or racquetball courts or in the restrooms, get outside through the nearest exit door. Once there, move away from the building to avoid falling or collapsing material. Take note and stay away from any overhead wiring.
2. If in the upper mezzanine area, go to the back stairway and exit through the rear door. Also, move away from the building.
3. If you do not feel that you can make it down the stairs, get into the fetal position near a desk or table. Many studies show that earthquakes crush objects but there is usually a void next to them - This is now known as the triangle of life.

Take note where the exit doors are located in each building ( → ). Typically you will find them in the far south and north locations of each building. Please avoid the main front entrance area where there are a lot of glass windows and doors. If you are there – don't hesitate – get out! If you see another member struggling physically or emotionally, please offer to help by securing their arm and guiding them along.

After you have left the building please do not leave the parking lot areas until we are able to take a head count. Gather in area identified and wait for staff to collect all members. Inspection of BETC will be necessary before anyone is allowed to re-enter. Thank you for following these important safety instructions.

