

# Court REPORT

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[www.betconline.net](http://www.betconline.net)

253-872-5545

## J Sez

Earlier last month we hosted our 14th annual Singles Club Championship. As a result, I would like to recognize the members below with a sincere and hearty congratulations!!!

*Jon Campbell (5.0), Michael Nguyen (4.5), Ted Hollar (4.0), Tony Lo (3.5), Rick Bailey (3.0), Anthony Rupert (2.5), Melissa Nguyen (4.0), Sachiko Ishihara Spray (3.5), Breanna Esber (3.0), Cole Jeter (Junior Boys), and Kara Ikeda (Junior Girls)!*

Their names will forever appear on the club perpetual plaque near the entry. If you would like to see a photo of these members, please go to link provided:

[http://betconline.net/singles\\_champions2006.shtml](http://betconline.net/singles_champions2006.shtml)

Last month several members helped celebrate the club's 30th anniversary by participating in a fun party. Newer member Priscilla Lee, like many before, demonstrated BETC's true volunteer spirit by chairing the event. Thank you Priscilla - you did a great job!

Report submitted by Janet Best, Manager

## Tennis Tip

### The Art of the Grip Change

The process of changing your grip from a forehand grip to a backhand grip seems like a pretty simple task. Most players do not even think about how they change their grip. On the return of serve players often get caught late changing their grips causing a missed return. These players are sometimes unaware that the missed return was caused by a faulty grip change. I would like to give you some tips on the grip change.

The ready position is crucial in the ability to change your grip effectively. In your

ready position you should be waiting for a return with a forehand grip. Your racket should be positioned slightly more towards your backhand. This will help protect your backhand since your grip is already in the forehand grip. Your non-dominant hand should be supporting the majority of the weight of the racket. This will enable your dominant hand to have a relaxed grip. By having a relaxed grip you will have an easier time switching grips. As the ball approaches your backhand, draw your racket back with your non-dominant hand. During this period of drawing the racket back with your non-dominant hand you need to do two things simultaneously. You need to slightly turn your racket with your non-dominant hand at the same time you slightly slide your forehand grip toward your backhand grip with your dominant hand. Your non-dominant hand and dominant hand will be turning in opposite directions. This will essentially work toward changing your forehand grip toward your backhand grip. Since both hands are working together your grip change will be faster and easier.

With this method of changing your grip you will be faster at getting to your backhand grip. The forehand grip change will not be a problem because you will already be waiting with the forehand grip during your ready position. With this style of changing your grip your overall game should improve.

Submitted by Head Assistant Professional, Bill Bartlett.

## From the Board

We would like to recognize the following members for their contributions this year: The Mamprejew family, Ann Larson, Julie Ikeda, Janet Best, Joanne Hanada, and Margaret Fain for helping with the spring clean-up. Denise and Ken Bakke for chairing the nominating committee, the members who planned the 30th anniversary party which include: Priscilla Lee, Shannie Presuhn, Fran Shintaku, Jesse Chute, Carol Samek-McKinley, Jim McKinley, Janet Best, and Shirley Paterson as well as all those who helped the day of. Lastly we would like to thank all the league, cup and USTA coordinators for their support throughout the year. Please have a safe and healthy holiday season.

## Junior Results

Hawaii National Boys 14 singles and doubles held on Maui: Congratulations to Steven Miyauchi who won both the singles and doubles.

Seattle Tennis Club Boys 18 endorsement - Boys 18 singles: Bryan Thorp, Christopher Bailey and Max Manthou participated. Boys 18 doubles: Brain Jenkins, and Max Manthou participated.

Bally Fall Jr. Champs - Girls 18 singles: Chelsey White participated. Girls 14 singles: Congratulations to Angela Chen who won the event. Amie Vo reached the final. Boys 14 singles: Zachary Chen participated.

Sprinker Jr. Challenger Singles - Girls 16 singles: Congratulations to Breana Esber who won the consolation event. Boys 18 singles: Congratulations to James Ravotti who won the consolation event. Boys 16 singles: Andrew Herron reached the final of the main draw. Josh Jeter reached the final of the consolation event. Daniel Cotton, Anthony Rupert and Paul Yi participated.

Boys 14 singles: Eddie Lin reached the final of the consolation. Spencer Herron participated.

Boys 12 singles: Cole Jeter reached the final of the consolation. David Mardakov, Vincent Vioria, and Nick Lin participated.

## Club Cancellation Policies

Just a reminder of the club's cancellation policies:

To cancel a membership we need written or e-mailed notice, otherwise you will continue to receive a bill.

To cancel a court, the club needs 48 hours notice or you will be charged for the court if it is not sold. This policy applies to both non-prime and prime time.

To cancel a private lesson, we need 24 hours notice or you will be billed one-half of the lesson fee.

To cancel a group lesson series, (the monthly lesson program) we need 48 hours notice from the first class or you will be charged a drop-in fee for the first day's class.

All of the above policies are in place to enable the club to fill any vacancies. Thank you for your support.

## Interclub Activities - Provided by Margaret Fain USTA Leagues

The senior teams finished their 2007 season. Bedia Olsen's 3.0 team made it to the playoffs!

W-L	Division	Captain
4-1	3.0 Women	Olsen
3-3	3.5 Women	Brady Smith
4-5	4.0 Men	Maldon

The USTA mixed leagues are just beginning their season. Christine Wilson's 7.0 team will begin the season on 12-2. Other team records are as follows:

W-L	Division	Captain
1-0	7.0	Whitener
1-1	8.0	Battaglia
1-1	9.0	Lockhart

Check the dates below for home matches for the mixed teams. All matches for the dates listed are at 5:00 p.m.

Date	Team
12-9, 12-17	Wilson 7.0
12-3, 1-7-2007	Whitener 7.0
12-16, 1-13-2007	Battaglia 8.0
12-10, 1-6-2007	Lockhart 9.0

## Cup Tennis

The Cup season is well under way. Our KingCo team is once again leading the pack. Ingrid Bakke is off to a good start with a 5-0 record in KingCo play this year. Our Emerald Cup team is 6th of 24 teams, Challenge Cup is in the top third, and our Classic and Rainier teams are near the middle of the pack. In Challenge Cup play, Liz Buck has an impressive 8-1 record so far. Stop by the club to catch some Cup matches.

Date	Time	Team
12-1	12:30 pm	KingCo Cup
12-7	11:00 am	Rainier Cup
12-8	12:30 pm	Emerald Cup
12-12	12:30 pm	Challenge Cup
12-14	11:00 am	Classic Cup

## Parties, Block and Court Time!

As many know, we update our website twice weekly with court availability. In addition, if you would like to plan a private party, or rent block time, we encourage you to contact Janet Best for more information. Private party time is available on weekends and block times are available during the day time. Janet's # 253-872-5545 ext 22.

## Lesson Programs

It's a little hard to believe, but the holidays are here! The club has some great ways for members of all ages and levels to celebrate.

Starting with the juniors, BETC is pleased to present our 10th annual Holiday Tennis camps, Wednesday-Friday, December 20-22. The "Champs" (advanced) camp will run daily 10am- 12pm, "A's" (intermediate) will go daily 12- 2pm and "Rookies" (beginner) will run daily 3:30- 5pm. As ever, the focus for all of the camps will be on having a great time in an energized holiday setting, while providing great tennis- and plenty of it- in the process. Wait until you see our new seasonal games! And for all of our members "from one to 92", you are invited to our Holiday Party Social on Saturday, December 16, from 6:30- 9pm. Bring the whole family, or just yourself, for a cup of hot cheer and lots of fun tennis games and match play with the pros. Please remember to sign up ASAP to make sure you have a spot for these and other events and lessons. Submitted by Allan Overland

### Juniors - Beginner

Jan 6-27	Saturday	10-10:30AM	\$26.60	Little Stars 4-7 yrs
Jan 6-27	Saturday	10:30-11AM	\$26.60	Little Stars 4-7 yrs
Jan 6-27	Saturday	11-12PM	\$43.30	Super Stars 4-8 yrs
Jan 6-27	Saturday	10 - 11 AM	\$43.30	Young Guns 8-12 yrs
Jan 7-28	Sunday	10 - 11 AM	\$43.30	Big Shots 12-18 yrs

### Intermediate

Jan 6-27	Saturday	12-1 PM	\$43.30	Little Studs 5-8 yrs
Jan 3-31	Mon/Wed	5-6:30PM	\$126.50	Jr Challenger Team
Jan 6-27	Saturday	9 - 10 AM	\$43.30	Crushers 8-12 yrs
Jan 6-27	Saturday	11 -12 PM	\$43.30	Crushers 8-12 yrs
Jan 5-26	Friday	6:30 - 8 PM	\$56.20	Slammers 12-18 yrs
Jan 6-27	Saturday	10 - 11 AM	\$43.30	Slammers 12-18 yrs
Jan 6-27	Saturday	11-12PM	\$43.30	Slammers 12-18 yrs
Jan 7-28	Sunday	11 - 12:30 PM	\$56.20	Slammers 12-18 yrs

### Advanced

Jan 6-27	Saturday	12-1:30PM	\$56.20	Studs 8-12 yrs
Jan 5-29	Mon 3:30-5PM	Fri 5-6:30PM	\$103.50	Jr. A Team
Jan 4-25	Thursday	3:30 -5:00 PM	\$56.20	Jr. A 12-18 yrs
Jan 5-26	Friday	8 - 9:30 PM	\$56.20	Jr. A 12-18 yrs
Jan 4-18	Monday	7 - 8:30 PM	\$65.60	Jr. Champ 12-18 yrs
Jan 8-29	Tuesday	8 - 9:30 PM	\$80.40	Jr. Champ 12-18 yrs
Jan 3-31	Wed/Fri	3:30 - 5 PM	\$132.80	Jr. Champ 12-18 yrs
Jan 6-27	Saturday	6:30 - 8 PM	\$65.60	Jr. Champ 12-18 yrs
Jan 2-30	Tues/Thurs	3:30-5PM	\$148.00	Jr. Elite 12-18 yrs
Jan 2-30	Tues 8-9:30 PM	Thur 5-6:30PM	\$148.00	Jr. Elite 12-18 yrs

### Adults - (Skill level in the far right column)

Jan 7 - 28	Sunday	3:30 - 4:30 PM	\$43.30	Beginner—1.0-2.0
Jan 7 - 28	Sunday	2:30 - 3:30 PM	\$43.30	Advanced Beginner 2.0-2.5
Jan 8 - 29	Monday	9:30 - 11:00 AM	\$56.20	Intermediate 2.5-3.0
Jan 8 - 29	Monday	6:00 - 7:00 PM	\$43.30	Intermediate 2.5-3.0
Jan 3 - 31	Wednesday	12:30 - 2:00 PM	\$68.90	Intermediate 2.5-3.0
Jan 7 - 28	Sunday	3:30 - 4:30 PM	\$ 43.30	Intermediate 2.5-3.0
Jan 8 - 29	Monday	11:00 - 12:30 PM	\$56.20	Advanced Intermediate 3.0-3.5
Jan 8 - 29	Monday	5:00 - 6:00 PM	\$43.30	Advanced Intermediate 3.0-3.5
Jan 2 - 30	Tuesday	7:00 - 8:00 PM	\$68.90	Advanced Intermediate 3.0-3.5
Jan 3 - 31	Wednesday	11AM - 12:30PM	\$68.90	Advanced Intermediate 3.0-3.5
Jan 6 - 27	Saturday	8:00 - 9:00 AM	\$43.30	Advanced Intermediate 3.0-3.5

Group and private lesson fees subject to change prior to January 1, 2007



# BETC Mailcode 85-45

Page 4

## New Members!

Last month we did not have room for our new members so this month please join us in welcoming all of our new share, associate, B330 and junior affiliates:

**Share members:** Hung Truong and Cuc Le, Gary and Diana Tabbert, Lawrence Chan, John and Annette Otakie, Kiet and Trucmai Huynh, Tom and Lisa Nguyen, James Pettengill and Mayre Rodriguez, Robert and Robyn Welch, William and Lynda Steyer, Brett and Kim Thompson, Rick and Jonell Hanley, Rick and Aeran Mursch, Dang Wendell.

**Associate members:** Joann and Boris Chong, Norman Kanazki, Cindy and Rob Seims, Harry Eng, David and Darla Kennerud, Lawrence Gunn Jr and Nichole Gunn, Kathy Kernan, Medea and Manuel McGraw, Melisa Biscayno, Eric Syberon, Ann and Ted LaValley, Janell and Mark Olson, and Matthew Prang.

**B330 members:** Jerry Radich, Sybil Decker, Bonnie Penemans, Erik Haws, Nichole Morrison, Patrick Hoskins, Mitch Baker, Donald McDonald.

**Junior Affiliate members:** Robert Blalock, Michael Chamerski, Alex Green, Carols and Raquel Robayo-Krause, Tyler Galka, Janice Shieh, Emma Hoang, Dragos Puscalau, Steve Nelson, and Sam Vanderlinda.

## 2006 Board Members

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